INNOVATION IN TRAINING AND HEALTH-CARE DELIVERY

The Northern Remote stream is an innovative program designed to address the ongoing issue of physician shortages in northern and remote regions.

It provides residents with the training required to work in isolated and challenging environments, in addition to the skills they need to practice in any location in Canada.

With 14 per cent of the province's population self-identifying as Indigenous (compared to 4.4 per cent across Canada), there is a strong focus on Indigenous health throughout the residency.

Residents in this stream complete 16 months of core clinical training in Winnipeg as well as eight months of training which focus specifically on remote medicine, located predominantly in northern and remote sites. The Indigenous health rotation is integrated into both years of the program, with an emphasis on cultural safety, health policy, advocacy, anti-racism and leadership.

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DEPARTMENT OF FAMILY MEDICINE

NORTHERN REMOTE STREAM

In many communities, Indigenous people face barriers to health care that many Canadians take for granted. If you're interested in developing skills to help close the gap, University of Manitoba's Northern Remote stream might be a perfect fit for you.

You'll start your family medicine experience in either an inner-city teaching clinic in Winnipeg or in the northern communities of Norway House Cree Nation or Thompson, MB. In your second year, you'll head north, where you will provide health care in a variety of communities in Manitoba, Nunavut, or the Northwest Territories.

Some of the communities you will visit will have a hospital and a full scope of supporting services. Others will be so remote you will fly in via small plane and work from a nursing station. Along the way, you'll be able to enjoy the astonishing beauty of northern Canada while gaining the experience you need to practice wherever your family medicine career takes you.

Tip: All travel and accommodation costs are covered by the program.

FEATURES

- Residents practice all the tasks done by their preceptors:
- Large northern towns in Manitoba, Nunavut or the Northwest Territories
- Fly-in First Nations and Inuit communities
- Maternity care through delivery and newborn care
- An addictions rotation
- Care of underserved populations in the inner city
- HIV/Hepatitis C care

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umanitoba.ca/healthsciences/medicine/units/family_medicine

BENEFITS

Experience Diversity
Develop a deeper understanding of Canada's Indigenous people and the First Nations and Inuit communities that shape their experiences.

Exceptional Education
Study with the best. Many of our faculty are involved in research that influences how healthcare is delivered in Manitoba and beyond.

Develop Flexibility
Learn how to practise family medicine in settings ranging from fully-staffed hospitals to remote nursing stations reachable only by small planes.

FIRST YEAR

Experiences in the first year of training include caring for out-patients at either Northern Connection Medical Centre, ACCESS Downtown or 601 Aikins Community Health Centre, a partnership of team-based inter-disciplinary clinics that provide care to patients from all walks of life, with a focus on health equity. A small number of residents select a northern rotation in the first year, with a shorter exposure to urban family medicine in the second year of the program.

In addition to clinic visits, you will have the opportunity to go on home visits, care for maternity patients through delivery and care of the newborn, and attend a teen clinic off-site. An experience in HIV/Hepatitis C care is offered to all residents in the stream in partnership with Nine Circles Community Health Centre.

FIRST YEAR ROTATIONS	WEEKS
Adult Emergency	4
Family Medicine Block Time (FMBT)	20
Internal Medicine	8
Obstetrics	8
Palliative Medicine	4
Pediatric Emergency	4
Vacation*	4
TOTAL	**52**

FAMILY MEDICINE BLOCK TIME

Over your two years of study, you have exposure to a wide variety of rotations as an integrated part of Family Medicine Block Time. This includes exposures to adult emergency medicine, Indigenous health, addictions medicine, gynecology, pediatrics and psychiatry. In this stream, FMBT takes place in both Thompson and distributed sites across the Northern Health Region.

* Winnipeg rotations - To facilitate comprehensive training, some rotations may be completed in Winnipeg.

**Vacation
The four weeks allocated for vacation must be taken consecutively or in two 2-week intervals in conjunction with electives or other 2-week rotations.

SECOND YEAR

The family medicine experience in the second year of the program involves multiple rotations in a variety of northern locations, ranging from large northern towns in Manitoba, Nunavut or the Northwest Territories, to small First Nations and Inuit communities accessible only by air, where you will spend four to six weeks with physician preceptors. You will also spend four weeks with the Addictions Unit at Health Sciences Centre in Winnipeg, as well as two weeks in the north working with anesthetists to master airway management.

SECOND YEAR ROTATIONS	WEEKS
Addictions Medicine	4
Airway Management	2
Electives	4
Family Medicine Block Time (FMBT)	20
ICU	4
Neonatology	2
Pediatric *	2 weeks Ped Inpatient 2 weeks Ambulatory
Surgery	8 (2 weeks Ortho 2 weeks Sport Med)
Vacation*	4
TOTAL	**52**

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