



THOMPSON, MB

Northern Health Region (pop. 74,000)
Thompson (pop. 13,600)
Located approximately 750 km North of Winnipeg

Residents spend 24 weeks each year Family Medicine Block Time primarily in Thompson Manitoba with up to eight weeks each year in distributed sites across the region. Residents are paired with a primary preceptor at their busy interprofessional clinic. Horizontal exposures in emergency medicine, psychiatry, care of the elderly, oncology, addictions medicine and fly-in medicine happen throughout both years of training.

Specialty rotations are completed in Thompson or regional centers with local specialists or in larger centers in Winnipeg. Highlights include dedicated airway rotation, neonatology, pediatric emergency, critical care and addictions.

NORTHERN REMOTE STREAM

To facilitate robust relationships close collaboration is maintained between Northern stream and Northern Remote stream with combined academic days in Winnipeg and residents from both streams completing rotations in Northern sites. This facilitates a supportive peer network for residents and broad expertise across duration of training.

INNOVATION IN TRAINING AND HEALTH-CARE DELIVERY

The Northern Remote stream is an innovative program designed to address the ongoing issue of physician shortages in northern and remote regions. It provides residents with the training required to work in isolated and challenging environments, in addition to the skills they need to practice in any location in Canada.

With 14 per cent of the province’s population self-identifying as Indigenous (compared to 4.4 per cent across Canada), there is a strong focus on Indigenous health throughout the residency.

Residents in this stream complete 16 months of core clinical training in Winnipeg as well as eight months of training which focus specifically on remote medicine, located predominantly in northern and remote sites. The Indigenous health rotation is integrated into both years of the program, with an emphasis on cultural safety, health policy, advocacy, anti-racism and leadership.

Note: No return-of-service is required in this stream.



DEPARTMENT OF FAMILY MEDICINE

NORTHERN STREAM THOMPSON



Northern communities and Indigenous people face barriers to health care that many Canadians take for granted. If you’re interested in developing skills to help close the gap, University of Manitoba’s Northern stream might be a perfect fit for you.

Your family medicine experience will be based out of Thompson, Manitoba. Through your training you will include distributed sites where you will provide health care in a variety of communities in Northern Manitoba.

Some of the communities you will visit will have a hospital and a full scope of supporting services.

Others will be so remote you will fly in via small plane and work from a nursing station. Along the way, you’ll be able to enjoy the astonishing beauty of northern Canada while gaining the experience you need to practice wherever your family medicine career takes you.

Tip: All travel and accommodation costs are covered by the program.

FEATURES

Residents practice all the tasks done by their preceptors:

- Large northern towns
- Smaller rural communities
- Fly-in First Nations and Inuit communities
- High Acuity Emergency Room Experience
- Maternity care through delivery and newborn care
- An addictions rotation
- Care of underserved populations in the rural urban and remote communities

Disclaimer: The Department of Family Medicine reserves the right to make changes to the information contained in this fact sheet without notice. Visit our website to ensure you have the latest details.

CONTACT

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FAMILY MEDICINE BLOCK TIME

Over your two years of study, you have exposure to a wide variety of rotations as an integrated part of Family Medicine Block Time. This includes exposures to Adult Emergency Medicine, Indigenous Health, Addictions Medicine, Gynecology, Pediatrics and Psychiatry. In this stream, FMBT takes place in both Thompson and distributed sites across the Northern Health Region.

FIRST YEAR ROTATIONS	WEEKS
Airway Management	2
Family Medicine Block Time (FMBT)	24
Internal Medicine*	8
Obstetrics	8
Neonatology*	2
Pediatric Emergency*	4
Vacation**	4
TOTAL	52



* Winnipeg Rotations
To facilitate comprehensive training, some rotations may be completed in Winnipeg.

**Vacation
The four weeks allocated for vacation must be taken consecutively or in two 2-week intervals in conjunction with electives or other 2-week rotations.

BENEFITS

- Experience Diversity**
Develop a deeper understanding of Canada’s Indigenous people and the First Nations and Inuit communities that shape their experiences.
- Exceptional Education**
Study with the best. Many of our faculty are involved in research that influences how healthcare is delivered in Manitoba and beyond.
- Develop Flexibility**
Learn how to practise family medicine in settings ranging from fully-staffed hospitals to remote nursing stations reachable only by small planes.



SECOND YEAR ROTATIONS	WEEKS
Addictions Medicine*	4
Electives	4
Family Medicine Block Time (FMBT)	24
ICU*	4
Palliative Care*	4
Pediatric In-Patient*	4
Surgery*	4
Vacation**	4
TOTAL	52

