



March 2022

Family Medicine Newsletter

Welcome

Welcome to Dr. Soujanya Chavali (2018, KMC) who has begun working at NCMC as a 0.4 locum.

Upcoming events

MEME (*Making Evidence Matter for Everyone*) Conference in Vancouver, BC, with limited in-person* and online registration

Join us **May 27 & 28** for interactive and insightful topics that will focus on common and new therapeutic issues from an evidence-based perspective. Our **quick pearls** will be broad and practical making them **great for physicians, nurse practitioners, and pharmacists**. Download the brochure at www.hectalks.com/conference.

From the clinicians who brought you the *Best Science Medicine Course*; *BS Medicine Podcast*; *the MEDS Conference*; and *Tools for Practice*, the MEME Conference will continue to bring you the **best evidence-based presentations** with our **highly entertaining presenters!**

Visit www.hectalks.com/conference to register – clinic group rates are available, please inquire at office@hectalks.com. **Register early for more chances to win back their registration fee** with our MEME contest!

We look forward to welcoming you in-person and online!

Drs. James McCormack; Jamie Falk; Mike Kolber; Tina Korownyk; Jessica Bryce; and Rita McCracken (Planning Committee) Ian Tang (Event Manager)

Online Courses

Driver Fitness is a new online learning module available on the **Continuing Professional Development (CPD) Medicine Program's** newly launched online learning platform. Register for Driver Fitness and complete the modules at your convenience. Learn about practitioner responsibilities, communication strategies, and rules regarding the assessment of patients' fitness to drive in this 2-hour learning module, co-developed with MPI. This learning module will be of interest to family physicians, specialist physicians, nurse practitioners, physician assistants, and psychologists. Click here to register for Driver Fitness.

<https://www.cpd-umanitoba.com/course/>

Publications

Garrison S R, Kolber M R, Allan G M, Bakal J, Green L, Singer A, Trueman D R, McAlister F A, Padwal R S, Hill M D, Manns B, McGrail K, O'Neill B, Greiver M, Froentjes L S, Manca D P, Mangin D, Wong S T, MacLean C, Kirkwood J EM, McCracken R, McCormack J, Norris C, Korownyk T. *Bedtime versus morning use of antihypertensives for cardiovascular risk reduction (BedMed): protocol for a prospective, randomised, open-label, blinded end-point pragmatic trial*. *BMJ Open* 2022;12:e059711. doi: 10.1136/bmjopen-2021-059711.

Korownyk C, Montgomery L, Young J, Moore S, Singer A, MacDougall P, Darling S, Ellis K, Myers J, Rochford C, Taillefer M-C, Allan GM, Perry D, Moe S, Ton J, Kolber MR, Kirkwood

J, Thomas B, Garrison S, McCormack J, Falk J, Dugré N, Sept L, Turgeon RD, Paige A, Potter J, Nickonchuk T, Train A, Weresch J, Chan K, Lindblad AJ. *PEER Simplified Guideline: Management of Chronic Pain (Low Back Pain, Osteoarthritis and Neuropathic Pain) in Primary Care*. Canadian Family Physician.

[Read more here](#)

Departures

Dr. Teresa Cavett retired from clinical practice at NCMC December 18th, 2021.
Danielle Peebles MSW has left NCMC having taken a management position at Women's Health Clinic.
