



Policy Name	Prescribing Policy for Residents
Application/ Scope	All Post Graduate Medical Education Programs
Approved (Date)	PGME Executive Committee: May 14, 2013; updated August 27, 2013; October 20, 2020; PGME Policy Development Committee: May 9, 2022; PGME Executive Committee: June 14, 2022
Review Date	Five (5) years from approved date
Revised (Date)	May 9, 2022
Approved By	Faculty Executive Council, Sept. 10, 2013, College Executive Council: April 27, 2021; College Executive Council: August 16, 2022

BACKGROUND

Residents are allowed to write prescriptions but only within the confines of provincial policies and guidelines of the College of Physicians and Surgeons of Manitoba and the College of Pharmacists of Manitoba. The requirements of these regulatory bodies are reflected in this document. This policy does not apply to the routine writing of in-hospital orders in the patient chart.

DEFINITIONS

CanMEDS/CanMEDS-FM – the RCPSC and CFPC frameworks describing the seven (7) physician roles: 1. Family Medicine Expert; 2. Communicator; 3. Collaborator; 4. Leader; 5. Health Advocate; 6. Scholar; 7. Professional

Core Curriculum – refers to the PGME-sponsored cross-disciplinary academic sessions covering the intrinsic CanMEDS/CanMEDS-FM Roles

CPSM – College of Physicians and Surgeons of Manitoba

DPIN – an electronic, on-line, point-of-sale drug system maintained by the Government of Manitoba's Ministry of Health. It links all community pharmacies (but not pharmacies in hospitals or nursing homes/personal care homes) and captures information about all Manitoba residents, including most prescriptions dispensed to persons holding First Nation status

MCC – Medical Council of Canada

MCCQE Part I – Medical Council of Canada Qualifying Examination Part I

Moonlighting – means the extracurricular practice of medicine for remuneration by residents

PGME – means Postgraduate Medical Education and refers to the Office of Postgraduate Medical Education, which operates within the Max Rady College of Medicine. It represents postgraduate medical education at the University of Manitoba through residency, fellowship, Areas of Focused Competence, postdoctoral and other training programs. The programs which PGME oversees are those accredited by the Royal College of Physicians and Surgeons of Canada (RCPSC), the College of Family Physicians of Canada (CFPC), the Canadian Psychological Association (CPA),

the Canadian Academy of Clinical Biochemistry (CACB), the Canadian College of Microbiology (CCM) and the Canadian College of Medical Geneticists (CCMG). Applicable to all of its training programs, PGME develops and administers policies and governs through the PGME committees. The PGME Office is overseen by the Associate Dean, PGME, Max Rady College of Medicine.

PGY – refers to resident training year (e.g., PG- 2 for a second-year postgraduate trainee or resident)

RHPA – means Regulated Health Professions Act and refers to the Government of Manitoba act pertaining to the licensing and registration of physicians (including residents and clinical assistants), medical students and physician assistants in Manitoba

1. PURPOSE

- 1.1 Identify when PGME residents may write prescriptions that will be dispensed out of hospitals. This applies to both electronic and paper-based prescription writing

2. POLICY STATEMENTS

- 2.1 Residents with full licensure: CPSM Regulated Membership – Full - Practicing (RHPA) may write a prescription for inpatients or outpatients
- 2.2 Residents in the CPSM Regulated Associate Membership - Educational – Resident Category (RHPA) who have completed twelve (12) months of residency, are in good educational standing, have passed the MCCQE Part I and have attended the Drug Prescribing Safety Course through the PGME Core Curriculum, may write a prescription for inpatients or outpatients
- 2.3 Residents may only write prescriptions for inpatients and outpatients with whom they have an established doctor-patient relationship within the context of their Residency Program or in officially approved moonlighting settings. A record of the history, physical treatment and/or drug prescribed must exist and must be maintained as a medical record
 - 2.3.1 The name of the patient's Attending Physician must appear on the prescription
- 2.4 Residents must not write prescriptions for themselves, immediate family or significant other as per CPSM regulations
- 2.5 Residents must not issue a prescription in respect of a patient who is not an in-patient for the following:
 - Any drug covered by the Manitoba Prescribing Practices Program
 - A codeine-containing compound containing sixty (60) mg or greater of codeine per dose
- 2.6 The following outpatient prescribing restrictions are placed on residents:
 - 2.6.1 Prescribing quantity cannot exceed three (3) months' supply
 - 2.6.2 Refills of prescriptions are not allowed
 - 2.6.3 Residents may not approve over-the-phone prescription refills
- 2.7 Failure of the resident to comply with the rules outlined in this policy may result in disciplinary action, including Dismissal of the resident from their Residency Program

3. PROCEDURES

- 3.1 Residents with restricted licensure: CPSM Regulated Associate Membership – Educational – Resident Category (RHPA) and who may be eligible to write prescriptions must complete a Confirmation of Resident Qualification to Prescribe form and must submit the completed form to the Home Residency Program Director (see Appendix 1)
 - 3.1.1 The Residency Program Director will keep the completed Confirmation of Resident Qualification to Prescribe form in the resident file
- 3.2 The Residency Program Director will complete a letter of support confirming that the resident is enrolled in the Residency Program, and is in good standing and will forward it to the Associate Dean, PGME for their signature (see Appendix 2)
- 3.3 The PGME Office will do the following:
 - 3.3.1 Send a copy of the signed letter to CPSM
 - 3.3.2 Keep a copy of the signed letter in a file of all residents with prescribing privileges
 - 3.3.3 Return a copy of the signed letter to the Residency Program Director to be placed in the resident's file
- 3.4 As required by the College of Pharmacists of Manitoba, residents must legibly identify on the prescription the following:
 - The resident's printed name and signature
 - The resident's contact information (e.g., telephone number)
 - The resident's PGY level
 - The name of the fully-registered physician who is the Supervisor in respect to that specific physician/patient interaction
 - Diagnosis or clinical indication (critical for patient care, patient safety and successful implementation of treatment plans)
 - Treatment goal
 - Supply must not exceed three (3) months
 - No refills allowed
- 3.5 Appropriate documentation must be placed in the patient's file
 - 3.5.1 This must include the name of the drug, the drug, dose and the amount of drug prescribed
 - 3.5.2 This may be done by placing a photocopy of the prescription in the patient's file, or by transcribing the information into the file as part of a discharge summary
- 3.6 Residents must know and must follow documentation requirements for writing narcotic/controlled substance prescriptions – this information is taught within the context of the Drug Prescribing Safety Course of the PGME Core Curriculum and by the Residency Program
- 3.7 Residents working on off-service rotations must be aware of any Department/Section and Residency Program policies governing that Department and Residency Program

- 3.8 To be eligible for outpatient prescribing privileges, residents must meet the following criteria:
- 3.8.1 Must have passed the MCCQE Part I
 - 3.8.2 Must have completed twelve (12) months residency training
 - 3.8.3 Must be in good educational standing
 - 3.8.4 Must have completed and passed the online Drug Prescribing Safety Course sponsored by the PGME Core Curriculum

POLICY CONTACT: Associate Dean, PGME

REFERENCES

College of Physicians and Surgeons of Manitoba BY-LAW #5, PRESCRIBING PRACTICES
<https://cpsm.mb.ca/assets/Standards%20of%20Practice/Standard%20of%20Practice%20Prescribing%20Requirements.pdf>

College of Physicians and Surgeons of Manitoba,
<http://www.cpsm.mb.ca/laws-and-policies/standards-of-practice-of-medicine>

College of Physicians and Surgeons of Manitoba, Standard of Practice – Treating of Self & Family Members
<https://cpsm.mb.ca/assets/Standards%20of%20Practice/Standard%20of%20Practice%20Treating%20of%20Self%20&%20Family%20Members.pdf>

College of Pharmacists of Manitoba, Provincial Prescription Regulation Summary Chart, June 2021
<https://cphm.ca/wp-content/uploads/Resource-Library/Legislation/M3P-Provincial-Prescription-Regulation-Summary-Chart.pdf>

Manitoba Prescribing Practices Program (M3P)
<http://www.cpsm.mb.ca/prescribing-practices-program/manitoba-prescribing-practices-program-m3p>

APPENDICES

Appendix 1: [Confirmation of Resident Qualifications to Prescribe](#)

Appendix 2: [Template Letter of Support to the CPSM](#)