



Rural Family Medicine

Description

The goal of family medicine block rotations is to provide learning opportunities that will enable residents to develop skills required for comprehensive, family-centred patient care in a rural context.

Objectives

While on this rotation, residents will develop the following competencies:

Family Medicine Expert

Practices generalist medicine within their defined scope of professional activity (ME1)

Provides comprehensive preventative care throughout the life cycle incorporating strategies that modify risk factors and detect disease in early treatable stages (ME2)

Performs a patient-centred clinical assessment and establishes a management plan (ME3)

Demonstrate an effective approach to the ongoing care of patients with chronic conditions and/or to patients requiring regular follow-up (ME4)

Performs family medicine specialty-appropriate procedures to meet the needs of individual patients (ME5)

Establishes patient-centered care plans that include the patient, their family, other health professionals and consultant physicians (ME6)

Actively facilitates continuous quality improvement of health care and patient safety, both individual and as part of a team (ME7)

Establishes an inclusive and culturally-safe practice environment (ME8)

Contributes generalist abilities to address complex, unmet patient or community needs, and emerging health issues, demonstrating community-adaptive expertise (ME9)

Communicator

Develops rapport, trust and ethical therapeutic relationships with patients and their families (CM1)

Elicits and synthesizes accurate and relevant information from, and perspectives of, patients and their families (CM2)

Shares health care information and plans with patients and their families (CM3)

Engages patients and their families in developing plans that reflect the patient's health care needs, values and goals (CM4)

Documents and shares written and electronic information about the medical encounter to optimize clinical decision-making, patient safety, confidentiality, and privacy (CM5)

Collaborator

Works effectively with others in a collaborative team model (CL1)

Cultivates and maintains positive working environments through promoting understanding, managing differences, minimizing misunderstandings, and mitigating conflicts (CL2)

Recognizes and facilitates the necessary transitions in care with other colleagues in the health professions, including but not limited to shared care, and/or hand over care to enable continuity and safety (CL3)

Leader/Manager

Contributes to the improvement of comprehensive continuity-based, and patient-centered health care delivery in teams, organizations, and systems (LD1)

Engages in the stewardship of health care resources (LD2)

Demonstrates collaborative leadership in professional practice (LD3)

Manages career planning, finances and health human resources in a practice (LD4)

Health Advocate

Responds to an individual patient's health needs by advocating with the patient within and beyond the clinical environment (HA1)

As a resource to their community, assesses and responds to the needs of the communities or populations served by advocating with them as active partners for system-level change in a socially accountable manner (HA2)

Scholar

Engages in the continuous enhancement of their professional activities through reflection and ongoing learning (SC1)

Integrates best available evidence into practice with consideration given to context, epidemiology of disease, multi-morbidity, and complexity of patients (SC2)

Contributes to the creation and dissemination of knowledge relevant to family medicine (SC3)

Teaches students, residents, the public, and other health care professionals (SC4)

Professional

Demonstrates a commitment to patients through clinical excellence and high ethical standards (PR1)

Demonstrates a commitment to society by recognizing and responding to societal expectations in health care (PR2)

Demonstrates a commitment to the profession by adhering to standards and participating in physician-led regulation (PR3)

Demonstrates a commitment to physician health and well-being to foster optimal patient care (PR4)

Demonstrates a commitment to reflective practice (PR5)

Entrustable Professional Activities

- F1. Provide recommended preventative care to adults
- F2. Provide recommended preventative care to infants, children, and adolescents
- F3. Facilitate and manage care transitions
- F4. Provide pre-conception and prenatal care
- F5. Provide family-centred care to newborns in their first weeks of life

- C1. Assess, manage, and follow up adults presenting with undifferentiated symptoms and common (key) conditions
- C2. Manage and follow up adults with common chronic conditions and multiple comorbidities
- C3. Assess, manage, and follow up infants, children, and adolescents presenting with undifferentiated symptoms and common (key) conditions
- C4. Assess, manage, and follow up elderly patients with multiple comorbidities
- C5. Assess, manage, and follow up patients with common mental health issues
- C6. Provide palliative and end-of-life care
- C7. Perform common family medicine procedures
- C8. Provide expert advice and obtains consultation for patients
- C9. Recognize and provide appropriate management of common emergencies
- C10. Determine when a patient requires admission and in-patient hospital care
- C11. Assess and appropriately manage medical patients in hospital
- C12. Recognize and provide initial management of medically unstable patients in the hospital setting
- C13. Provide intra-partum care and performs low- risk deliveries
- C14. Recognize and manage common intra-partum emergencies
- C15. Provide postpartum care and breast-feeding support
- C16. Provide leadership within inter-professional healthcare teams
- C17. Provide care to vulnerable and underserved populations
- C18. Provide care to First Nations, Inuit, and Métis peoples
- C19. Optimize the quality and safety of health care through the use of best practices and application of QI
- C20. Provide clinical teaching

Evaluation

- In-training Assessment Report (ITAR)
- Field Notes