



Hidden Curriculum, Burnout and Fatigue Risk Management

1. Recognize the hidden curriculum and its effects on teaching and learning
2. Develop strategies (e.g. addressing microaggressions), to mitigate the adverse effects of the hidden curriculum on learning and clinical care.
3. Understand how respect within the workplace contributes to patient safety and physician wellness.
4. Recognize signs and symptoms of burnout in oneself and in colleagues.
5. Utilize both personal and workplace strategies to prevent and combat burnout as it arises.
6. Recognize the occupational and personal risks associated with fatigue as it relates to clinical care.
7. Acknowledge the numerous possible etiologies of fatigue (e.g. physical, emotional, social, psychological).
8. Use fatigue mitigation strategies to ensure one's personal wellbeing and to optimize patient safety.