

For Residents and Fellows

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# **PGME Mission and Vision and Welcome**

# **PGME Mission and Vision**

#### Mission

To provide an outstanding education to our postgraduate healthcare learners in a culturally safe environment, ensuring they will serve the healthcare needs and improve the health of the people of Manitoba and beyond

#### Vision

To educate and inspire a diverse group of postgraduate healthcare learners and scholars by cultivating social responsibility, lifelong learning and delivery of high-quality patient care

# Welcome

# A Message from the Associate Dean, Postgraduate Medical Education

On behalf of the entire PGME team, I would like to welcome you to Postgraduate training at the University of Manitoba. Residency is an exciting time in which you will have the opportunity to integrate knowledge, skills and interpersonal traits toward your ultimate goal, whether you have chosen a career in Family Medicine or in one of the specialties and/or fellowships.

Our PGME team will work closely with your Residency Program Director/team in making certain that your educational concerns will be met in a timely manner. Do not hesitate to utilize our services or to contact us if you have any concerns.

Once again, welcome to PGME at the University of Manitoba. Work hard and have fun. This is an exciting time of your life!

#### Kurt Skakum, MD, FRCPC

Associate Dean, Postgraduate Medical Education Rady Faculty of Health Sciences University of Manitoba

# Office of Postgraduate Medical Education (PGME)

# Location

The PGME office is located in the Max Rady College of Medicine Educational Programs
Office at:

260 Brodie Centre, 727 McDermot Avenue University of Manitoba Winnipeg, Manitoba R3E 3P5

# **PGME Staff Contact Information**

General Inquiries: pgme@umanitoba.ca

Registration Inquiries: <a href="mailto:regpgme@umanitoba.ca">regpgme@umanitoba.ca</a>

Sponsored Trainee Inquiries: <a href="mailto:sponsoredpgme@umanitoba.ca">sponsoredpgme@umanitoba.ca</a>

Award Inquiries: Awardspgme@umanitoba.ca

Resident Research Inquiries: pgmeRRA@umanitoba.ca

CBD Inquiries: <a href="mailto:cbd@umanitoba.ca">cbd@umanitoba.ca</a>

Committee for Education Support and Remediation (CESaR) Inquiries:

cesarpgme@umanitoba.ca

Accreditation Inquiries: accredpgme@umanitoba.ca

Entrada Inquiries: entrada@umanitoba.ca

Trainee Employment Concerns: PMAO Residents@sharedhealthmb.ca

Trainee Payroll Inquiries: HRSharedservices@wrha.mb.ca

A detailed listing of support staff can be found on the PGME website.



@UofMPGME

# **PGME Policies and Procedures**

Policies and Procedures relevant to trainees in postgraduate medical education are derived from a variety of organizational groups and regulatory bodies.

Please refer to the <u>PGME Policies and Procedures webpage</u> to view copies of each available policy.

# **Moving to Manitoba**

Moving from other parts of Canada or abroad or relocating is an exciting and challenging transition. Our hope is that the following sections of this handbook will help to make this process as smooth and enjoyable as possible.

Rest assured this is truly a great part of the world! Manitoba offers an affordable cost of living and a good quality of life. Our province is unique in its cultural diversity, four distinct seasons, and great culinary scene. Winnipeg has all the amenities of a major city, including major sports teams and artistic venues, and is surrounded by unique landscapes and outdoor recreational opportunities.

A few fun facts about Winnipeg:

- It has the largest number of restaurants per capita in Canada
- It has the world's longest public outdoor ice skating path (over 8.5km on the Red and Assiniboine Rivers)
- It gets the most annual sunshine of any major Canadian city
- It has the largest annual temperature fluctuation of any major city in the western world
- The Canadian Museum of Human Rights (opened in 2014) is the first national museum to be located outside of the nation's capital
- Curling is such a popular sport that Winnipeg is considered the "Curling Capital of Canada"
- Winnie the Pooh was named after a bear from Winnipeg
- It is the Slurpee capital of the world (people apparently like their Slurpees here!)

Check out the <u>Province of Manitoba website</u> or <u>City of Winnipeg website</u> for information on communities in Manitoba/Winnipeg: how to find a place to live, apply for Manitoba Health Card, Manitoba Driver's License, car insurance, child care, etc.

The <u>PARIM website</u> is also a good resource to provide information for new trainees/physicians/interns in Manitoba.

# Housing

There are plenty of affordable housing options for rent or purchase in Winnipeg and other parts of Manitoba, such as apartments, condos, or new or older houses. Popular neighborhoods for trainees to look for apartments in Winnipeg are Osborne Village, south downtown and St Boniface.

The <u>University of Manitoba Students' Union</u> (UMSU) and the University of Manitoba have collaborated with Places4Students to provide rental listings for trainees and visitors through the <u>Places4Students</u> page. This resource also offers general information on renting in Winnipeg.

HSC offers affordable rental accommodations, located on campus. Tenants can easily access both academic and professional areas of the Centre. Suite sizes range from bachelor suites to two bedroom apartments, depending on location and availability. For more information, click <a href="https://example.com/here/">here</a>.

The <u>University of Manitoba's International Centre for Students</u> website also provides guidance for finding housing, including temporary housing when first moving to Manitoba. For a wider range of options, the most popular website for apartment listings and house rentals or purchases in Winnipeg is <u>Kijiji</u> and <u>Facebook Marketplace</u>. Kijiji is also just one of several online resources for selling, buying/trading new/used articles upon arrival in Winnipeg. Connect with a seller/buyer online and set up a meeting place. This site is commonly used by Manitobans/Winnipeggers.

<u>Meds Housing</u> is the housing hub for the medical community during fellowships, residency, clerkship and electives.

For those looking to buy a house in Winnipeg, an experienced real estate agent can be a great asset and can be found on the Winnipeg Real Estate News website.

# **ChildCare**

<u>The Province of Manitoba website</u> will help to find information about childcare in Manitoba.

# **Family Centre**

<u>The Rady Faculty of Health Sciences Family Centre</u> is a resource supporting students, faculty and staff – both on and off the campus – as they navigate major life changes like taking a parental leave or returning to work. It offers the tools and recourses to support students managing changes in their life.

The services include:

- Rady Parents Meet-up
- Rady Kids' Club
- Resource materials
- Public use computer to register for maternity leave and employment insurance benefits and to apply for child care
- Assistance finding child care
- Help relocating suitable nursing space on campus or clinical placement sites

Room 280, Brodie Centre 727 McDermot Avenue University of Manitoba Winnipeg, MB R3T 5V6 Canada

FamilyCentre@umanitoba.ca

Monday, Tuesday and Wednesday from 10 am - 2 pm

# **Finding a Family Doctor**

It is strongly recommended to have a Physician for personal health and wellbeing for support during training. Please check the <u>Doctors Manitoba</u> website to find a Physician and other resources related to Physician and Family Support Program, Physician at Risk, Physicians for Physicians and MD Care.

The <u>Family Doctor Finder</u> website for more information on how to find a family doctor in Manitoba. The process is easy, simple and quick.

# **International Centre for Students**

The International Centre (IC) provides support for ALL University of Manitoba students. They offer programs and services to help international students before and after their arrival to ease their transition to Canada and ensure their experience is enjoyable, safe and successful. For more information, please visit <a href="http://umanitoba.ca/international/">http://umanitoba.ca/international/</a>.

# **Meeting People**

Manitoba is home to friendly people and diverse communities. Here are some ways to meet new friends/colleagues when starting training:

- Trainee orientations
- Departmental welcome events
- Events are hosted throughout the year by PARIM's Social Committee and Wellness Committee, including a Welcome Party in July (http://www.parim.org/events-awards/events)
- Sports leagues through the University of Manitoba or the City of Winnipeg

# **Transportation**

#### **Buses**

Winnipeg Transit operates the bus system that services all of Winnipeg. Monthly passes or individual tickets can be purchased at all major grocery and convenience stores. Peggo cards can be purchased at the <u>University of Manitoba Students' Union (UMSU) Service Centre</u> (Formerly Answers Information Booth) in the Brodie Centre Atrium (Bannatyne Campus) / 1st Floor University Centre (Fort Garry Campus), or any 7-Eleven or Shoppers Drug Mart locations. After purchasing a card, it can be reloaded in person at the above locations, or online with either e-passes (unlimited bus use within a set time period) or e-cash (single fares). To plan bus routes or to see how convenient bussing would be from starting location, visit the interactive <u>Navigo Trip Planner. The Winnipeg Transit App</u> is now also available for download for your mobile device to look up schedules and planning trips on Navigo. Click <u>here</u> for more information about Winnipeg Transit or call 311.

# **Driving**

If moving to Manitoba with a valid driver's license from an approved jurisdiction, that license can be used for up to three months and then must obtain a Manitoba license. Manitoba Public Insurance (MPI) has more information for licensed and non-licensed newcomers to the province <a href="here">here</a>. If a vehicle is being brought here, <a href="MPI">MPI</a> has a process that must be followed in order to register and insure the vehicle in Manitoba.

Licensing and registration are both processed through MPI, which has convenient locations all around Winnipeg and a comprehensive website here.

Tips for driving in winter: **Good winter or all-season tires** are essential. <u>The Winter Tire Program (WTP)</u> provides low-interest financing to eligible Manitobans at prime plus two per cent\*, on up to \$2,000 per vehicle. At most automotive shops, getting a "**block heater**" installed in the vehicle engine (and an extension cord to connect the block

heater to a power outlet in parking lots) will allow the vehicle to warm up quicker, cause less wear on the engine, and prevent the engine from not starting when the temperature drops below about -15C. Many people also purchase a vehicle "remote starter" so that the vehicle can be turned on and warmed up before arriving at the vehicle. Containers of special sub-zero temperature windshield fluid can be purchased at most grocery stores and gas stations.

# **Parking**

Both teaching hospitals (Health Sciences Centre and St. Boniface Hospital) have parking services. There is often a waiting list to get a pass for either site. Trainees can request to have a parking pass that works at both HSC and St. Boniface for an additional monthly fee. For HSC, there is limited free 24-hour street parking on William Avenue west of Arlington Street and in the parking lot at William Avenue and Tecumseh Street.

Please contact the Parking Office for more information:

## **HSC Parking Office**

720 McDermot Avenue, Level 1 Winnipeg, Manitoba R3E 0M1

Phone: 204-787-2715 Fax: 204-787-1010

Email: <a href="mailto:hscparkingoffice@hsc.mb.ca">hscparkingoffice@hsc.mb.ca</a>

Hours of operation: Monday to Friday, 8:30AM to 4:15PM.

\*Please note that the Parking Office is a scent free environment.\*

#### St. Boniface Parking Office

Room B1039 409 Taché Avenue Winnipeg, MB R2H 2A6 Phone: 204-237-2319

Email: parking@sbgh.mb.ca

Hours of operation: Monday to Friday (excluding holidays), 8:00AM to 9:00PM.

After hours, Security may be contacted at 204-237-2205.

#### **VGH Parking Office**

2340 Pembina Highway Winnipeg, MB R3T 2E8 Phone: 204-269-3570

Hours of operation: Monday to Friday 8:00 AM to 4:30 PM

#### **GGH Parking Office**

300 Booth Avenue Winnipeg, MB R3J 3M7 Phone: 204-837-0721

Hours of operation: Monday to Friday 8:00 AM to 3:00 PM After hours, Security may be contacted at 204-837-0366.

# **Cycling**

It's relatively popular to cycle to work in Winnipeg through the spring, summer, and fall. There are designated cycling lanes feeding into the downtown area from all directions. For cycling maps and detailed information, visit <a href="mailto:bikewinnipeg.ca">bikewinnipeg.ca</a>.

The University's Office of Sustainability lists the services available to cyclists at both campuses, including bicycle repair stations with pumps. Access to a secured card-lock compound may be arranged through Physical Plant on the Bannatyne Campus.

# **About Winnipeg**

# **Emergency Information**

Emergencies Only: Dial 911

Non-Emergency Police Services: 204-986-6222

Municipal Services: Dial 311 or visit <a href="https://www.winnipeg.ca/311/default.asp#contact-214">https://www.winnipeg.ca/311/default.asp#contact-214</a>

<u>311</u>

<u>211 Manitoba</u>: Dial 211 or visit <a href="https://mb.211.ca/">https://mb.211.ca/</a> for available services and programs across the province.

# **Demographics**

**Population**: Approximately 841 000 people in Winnipeg and 1.44 million throughout Manitoba.

**Languages:** Primarily English but a large portion of the population also speaks French. Old St. Boniface – Winnipeg's French Quarter – is largely French-speaking.

# Climate

Manitoba is a mostly flat prairie province and has over 100,000 lakes. Winnipeg is located in the southern end of the province and is home to approximately 60% of the province's population.

Summer is warm and sunny while winter tends to be cold and bright. Wide variations from average values are possible in all seasons. Summer months herald over half of the annual precipitation with intermittent bursts of showers. In the southern parts of Manitoba, approximately 110-140cm of snow falls annually. According to Environment Canada, Manitoba ranked first for clearest skies year-round, and ranked second for clearest skies in the summer and for sunniest province in the winter and spring.

Please be sure to purchase appropriate winter apparel to stay warm and safe during the winter months. This will cost approximately \$500-\$700 per person and should include:

- A high-quality winter jacket designed for temperatures of -25°C or colder
- A warm hat
- A scarf or neck-warmer
- A high-quality pair of insulated gloves or mittens

- A high-quality pair of insulated winter boots designed for temperatures of -25°C or colder
- Optional: A pair of insulated "ski-pants". Recommended for those who plan on taking public transit or walking to work, and highly recommended for children

# **Unique Winnipeg Attractions**

Check out the <u>Tourism Winnipeg</u> for complete information on where to live, eat, and play in Winnipeg.

The <u>Downtown Winnipeg Biz</u>, <u>West End Biz</u> and <u>Access Winnipeg</u> websites provide upto-date information on improvements, shopping, and entertainment in Winnipeg.

North of Portage and Main and just down McDermot Avenue from the Health Sciences Centre, the historic warehouses in the <u>Exchange District</u> give room to cafes, theatres, boutiques, restaurants, and galleries.

<u>The True North Square</u> located in the heart of Winnipeg's downtown offers something for everyone from shopping to dining to meeting with one of True North Square's business tenants. On the 1<sup>st</sup> and 2<sup>nd</sup> level of True North Square there is <u>Hargrave St.</u> <u>Market</u>, which is the newest and most exciting addition to Winnipeg's food scene.

On the east side of downtown, behind Union Station, <u>The Forks</u> is both a modern hub for shopping, dining and entertainment and a <u>National Historic Site</u>.

# **Arts and Culture**

Winnipeg has many major arts organizations and cultural events which draw audiences and performers from around the world. Among them are the following:

- Canadian Museum for Human Rights (CMHR)
- Festival du Voyageur (February)
- Folklorama (August)
- Manito Ahbee Festival, celebrating Indigenous arts, culture and music (May)
- Manitoba Children's Museum
- Manitoba Museum
- Manitoba Opera
- Manitoba Theatre for Young People (MTYP)
- Rainbow Stage
- Royal Manitoba Theatre Centre (RMTC)
- Royal Winnipeg Ballet Company (RWB)
- Winnipeg Art Gallery (WAG)
- Winnipeg Folk Festival (July)
- Winnipeg Fringe Theatre Festival (July)
- Winnipeg International Jazz Festival (June)
- Winnipeg International Writers' Festival (September)
- Winnipeg Symphony Orchestra (WSO)

# Restaurants

Winnipeg is well known for its large selection of great restaurants and nightspots, with many featured on the Canadian TV show "You Gotta Eat Here!" Popular culinary neighborhoods include the Exchange, The Forks, Corydon Avenue, Academy Road, Osborne Village, and south Osborne Street. Local favorites are listed in <a href="Ciao Winnipeg">Ciao Winnipeg</a> and there are up-to-date reviews in the <a href="Winnipeg Free Press">Winnipeg Free Press</a>.

Winnipeg also hosts some great annual food events. Le Burger Week takes place in September, where dozens of local restaurants compete to have their burger creation voted as champion. During the summer, dozens of food trucks line up on the streets of downtown.

# **Sporting Events**

#### American Association of Professional Baseball

<u>Team</u>: The Winnipeg Goldeyes Season: May through August

<u>Venue</u>: Shaw Park <u>Buy Tickets Here</u>

# American Hockey League (AHL)

<u>Team</u>: The Manitoba Moose, AHL affiliate team of the Winnipeg Jets

Season: October through April Venue: Canada Life Centre

**Buy Tickets Here** 

#### Canadian Football League (CFL)

<u>Team</u>: The Winnipeg Blue Bombers <u>Season</u>: June through November <u>Venue</u>: Investors Group Field

**Buy Tickets Here** 

### Canadian Premier League

<u>Team</u>: Valour Football Club <u>Season</u>: June through November <u>Venue</u>: Investors Group Field <u>Buy Tickets Here</u>

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#### National Hockey League (NHL)

**Team**: The Winnipeg Jets

Season: September through April

Venue: Canada Life Centre

**Buy Tickets Here** 

### Western Hockey League (WHL)

Team: Brandon Wheat Kings and Winnipeg ICE

Season: September through March

Venue: Westoba Place (Brandon) and Wayne Fleming Arena (Winnipeg)

Fee to enter at arena See full schedule <u>here.</u>

# Parks and Recreation Winnipeg

### Assiniboine Park and Zoo

Assiniboine Park is known as one of Winnipeg's finest attractions. The park is open 24 hours a day, year round and provides locals and tourists and gathering place for recreation, relaxation and education for all ages. The zoo has recently been renovated to include beautiful habitats for native Canadian animals including polar bears and seals.

## • City of Winnipeg Community Services

The City of Winnipeg offers a wide range of programming for all ages and runs many community services including libraries, parks, swimming pools, and arenas. The seasonal Leisure Guide is <u>available online</u> or for pickup at city facilities.

# • The Forks Skating Trail and Parks

At the Arctic Glacier Winter Park, you can skate on over a full kilometre of groomed skating trails along magically lit paths to the CN Stage rink, take a twirl under The Canopy, glide under the lights on the Historic Rail Bridge or simply walk the site and take in the thousands of beautiful lights along the way. Bring your toboggan and slide down any of the hills on site, stop and take a selfie under the archway in the Prairie Garden (it is one of the most photographed places on the site) and listen at CN Stage and at The Canopy rink for special playlists made by Manitoba Music.

<u>The Nestaweya River Trail</u> presented by The Winnipeg Foundation is about getting outside safely and enjoying the best season in Winnipeg, winter. You will be able to walk, bike, skate and cross-country ski along the city's beautiful rivers, making it one of our "biggest" trails ever.

#### Kildonan Park

Located along the banks of the winding Red River, Kildonan Park is northwest Winnipeg's premier park destination. It features 39 hectares of park area and 27,000 metres of pathways alongside the famous Rainbow Stage open-air theatre, numerous play structures, the Witch's Hut, a duck pond/winter skating rink, toboggan slides and many athletic fields.

#### St. Vital Park

South Winnipeg's signature destination park, St. Vital Park boasts 46 hectares of park area, nearly 4,000 metres of pathways, a modern, picturesque pavilion and countless opportunities for activities and events.

# **Outside of Winnipeg**

#### • Birds Hill Provincial Park

Located 30 minutes North of Winnipeg, Birds Hill Provincial Park is where you can explore an old homestead, wander through the wild flowers, climb to the top of the viewing tower and you will see for miles, walk, cycle or horseback ride through a network of trails that will take you anywhere and everywhere. Yearround, the park is a natural stage for a range of recreational activities and sporting events. In July of each year, Birds Hill is home to the Winnipeg Folk Festival, one of North America's largest folk music events. Everything from trail riding to interpretive programs are yours to enjoy. Watch any number of events in the park, from horse shows, polo tournaments, to cycling races. Birds Hill is also a favourite picnic spot for small and large groups.

# • Lake of the Woods

Located 2.5 hours East of Winnipeg, Lake of the Woods is over 70 miles long and wide, containing more than 14,552 islands and 65,000 miles of shoreline. At the northern end of the lake is the town of Kenora. This area is known as "cottage country" and popular for Manitobans to visit. The lake occupies parts of the Canadian provinces of Ontario and Manitoba and the U.S. state of Minnesota.

### Lake Winnipeg

Located 1-2 hours North of Winnipeg, Lake Winnipeg offers many destinations to stop along on both the East and West side of the lake. On the East side, there is <a href="Grand Beach">Grand Beach</a>, which is Manitoba's little paradise on the prairie and <a href="Victoria">Victoria</a>
Beach
, which offers many recreational activities and opportunities for residents and visitors. On the West side of the lake, there is <a href="Winnipeg Beach">Winnipeg Beach</a>, a terrific place to celebrate summer, <a href="Gimli">Gimli</a>, a great place to relax, enjoy and vacation and Hecla, where it is easy to be busy, but even easier to relax.

# • Riding Mountain National Park

Located 2.5 hours Northwest of Winnipeg, Riding Mountain National Park, often referred to as "Clear Lake" because of the most popular lake, which is a small seasonal town within the park (Wasagaming), as well as a town just outside the park limits (Onanole). There are accommodation options within either. There are many spots within the park to camp, fish, swim and maintained trails for hiking, biking and horseback riding.

#### Whiteshell Provincial Park

Located 1.5 hours east of Winnipeg, the Whiteshell consists of the two most popular lakes Falcon Lake and West Hawk Lake. There are cottages for rent, hotels and camping opportunities.

# **Around Manitoba**

<u>Travel Manitoba</u> has all the information for going further afield in the province, from watching bison at <u>Fort Whyte Alive</u> near Winnipeg to visiting <u>Churchill</u>, the polar bear capital of the world.

# **Accrediting Bodies**

# **College of Family Physicians of Canada (CFPC)**

The CFPC is the accrediting body responsible for establishing standards for the training, certification, and lifelong education of family physicians, and for advocating on behalf of the specialty of family medicine, family physicians, and their patients.

For more information visit: http://www.cfpc.ca/AboutUs/.

# Royal College of Physicians and Surgeons of Canada (RCPSC)

The RCPSC is the accrediting body for postgraduate medical education, specialty education programs.

For more information visit: http://www.royalcollege.ca/rcsite/home-e

# Post-Doctoral (Non-Medical) Residency Programs Accrediting Bodies Canadian Academy of Clinical Biochemistry (CACB)

CACB is the accrediting body for Clinical Biochemistry Program.

For more information visit: <a href="https://cscc-sccc.ca/academy/">https://cscc-sccc.ca/academy/</a>.

# **Canadian College of Medical Geneticists (CCMG)**

CCMG is the accrediting body for Genetic and Genomic Diagnostic Residency Program (formerly Molecular Genetics and Cytogenetics)

For more information visit: https://www.ccmg-ccgm.org/.

# Canadian College of Microbiologists (CCM)

CCM is the professional association certifying microbiologists across Canada.

For more information visit: http://www.ccm.ca/.

### **Canadian Psychological Association (CPA)**

CPA is the accrediting body for Clinical Psychology Residency Program.

For more information visit: http://www.cpa.ca/.

#### **Commission on Dental Accreditation of Canada (CDAC)**

CDAC is the accrediting body for Oral Maxillofacial Surgery Program.

For more information visit https://www.cda-adc.ca/cdacweb/en/.

# **Starting Training Program**

# **Definitions**

# Chief Administrative Resident (referred to as <u>Lead Administrative Resident</u> by Shared Health)

A Chief Administrative Resident is a resident with special administrative responsibilities relating to the academic and service activities of an entire Training Program, in addition to those expected as a normal part of their training program. Each Training Program would normally have one such position, except where parallel but functionally independent programs operate at geographically separate institutions (e.g. Health Sciences Centre and St. Boniface General Hospital), where one Chief Administrative Resident position per institution may be recognized.

# Fellows (Clinical and Area of Focused Competence)

<u>Clinical Fellows</u> are enrolled in short-term specialized training programs, usually after completion of residency training within the same area of specialization. Training undertaken during a fellowship is NOT recognized as training leading to certification by the Royal College of Physicians and Surgeons of Canada or the Royal College of Family Physicians of Canada.

An area of focused competence or AFC (diploma) program is a highly specialized discipline of specialty medicine that addresses a legitimate societal need, but does not meet the Royal College criteria for a specialty, foundation program, or subspecialty. Normally, the AFC Diploma Program represents either a) supplemental competencies that enhance the practice of physicians in an existing discipline, or b) a highly specific and narrow scope of practice that does not meet the criteria of a subspecialty. In both scenarios, the AFC Diploma Program does not prepare a physician for practice, but rather recognizes areas of supplemental or advanced training.

#### **Internationally (Visa) Sponsored Trainee**

Internationally (Visa) Sponsored Trainees are selected outside the CaRMS Match. Trainees are sponsored by countries who have active contractual agreements with the University of Manitoba. Internationally (Visa) Sponsored Trainees are expected to return to their home country after finishing their residency program/fellowship. They are not Shared Health employees; instead they will receive stipends from their country of sponsorship.

#### Resident

Trainees that are enrolled in a specialty training program, for the full duration of the program, at the end of which they will be eligible to write the certification exams of the Royal College of Physicians and Surgeons of Canada or College of Family Physicians of Canada.

#### **Senior Administrative Resident**

A Senior Administrative Resident is a resident with special administrative responsibilities relating to the academic and service activities of a section of a

Residency Program in which there are at least five (5) trainees at a given time. This resident is assigned specific administrative duties, in addition to those expected as a normal part of their training program.

They are responsible to the Chief Administrative Resident and report to the Residency Program Director or their designate.

Reference: PGME Senior/Senior Administrative/Chief Administrative Resident

**Guidelines** 

Reference: PARIM Collective Agreement

#### **Sub-Specialty Resident**

Trainees that are enrolled in a sub-specialty training program, for the full duration of the program, at the end of which they will be eligible to write the certification exams of the Royal College of Physicians and Surgeons of Canada or the College of Family Physicians of Canada.

# Registration

Follow the process in the Registration Manual for New Postgraduate Trainees.

# University of Manitoba Registration Fees Shared Health Funded Residents

The assessed University of Manitoba registration fees are paid by Shared Health direct billing authorization through the Resident Employment Administration Office on behalf of Shared Health funded residents.

#### **Fellows**

**Clinical Fellows** must pay their assessed University of Manitoba registration fees prior to the commencement of the training in accordance with the Independent Contract. Please note that failure to pay the registration fee on time will result in delay of the commencement of training.

Reference: Registrar's Office Fees

**AFC Fellows** must pay their assessed University of Manitoba registration fees prior to the commencement of the training in accordance with the Independent Contract. Please note that failure to pay the registration fee on time will result in delay of the commencement of training. They also have to pay a fee to the Royal College. Reference: Registrar's Office Fees; Royal College AFC roles and responsibilities

# **Internationally (Visa) Sponsored Trainees**

The University of Manitoba registration fees for Internationally (Visa) Sponsored Trainees are paid by their country of sponsor according to U of M – Country of Sponsor Agreement.

# Resident Employment

# **Shared Health**

The <u>Shared Health</u> payroll is handled by the Provincial Medical Administration Office (PMAO).

# All trainees are required to conform and follow Shared Health bylaws, regulations and registration requirements.

### **Provincial Medical Administration Office (PMAO)**

PMAO is responsible for managing administrative components related to resident employment **on behalf** of Shared Health.

PMAO is the point of contact for:

- Coordinating the payroll for all Shared Health funded residents. This includes chief/senior resident stipends, IMG orientation stipends, PGY salary advancements, new payroll documentation, leaves of absence and obtaining Records of Employment
- Confirmation of employment requests, letter of enrollment to apply for banking
- Arranging Shared Health resident reimbursement for CMPA membership fees for new and returning residents, and renewing
- Coordinating mandatory Shared Health course payments and University tuition/course fee payments
- Health record/immunization status through Shared Health Occupational Environmental Safety & Health (OESH) office

If assistance is required at any time, or have any questions regarding the above, please contact the staff at PMAO by emailing PMAO Residents@sharedhealthmb.ca.

# **Provincial Medical Administration Office (PMAO)**

1502 – 155 Carlton Street Winnipeg, MB R3C 3H8

#### Shared Health – HR Shared Services FAQ

HRSS is responsible for providing human resources support and services to all customers in Shared Health to include: Employment services, payroll, benefits, HR Analytics and compensation. For additional information/questions, please contact HRSS at 204-940-8500 option 5.

#### **Return of Service Agreement**

All IMGs will be required to sign a return of service contract with Manitoba Health, Seniors and Active Living, in the specialty (including Family Medicine) in which they have completed their residency training. The length of the ROS is commensurate with the length of the training program.

IMGs already holding a return of service obligation must disclose these obligations at the time of application. IMGs who have undischarged return of service obligations may not be eligible to begin training in a position funded by Manitoba Health, Seniors and Active Living.

For more information, please contact: MB Healthcare Providers Network Info@healthcareersmanitoba.ca

Attention: Paula Healy

#### **Professional Association of Residents and Interns of Manitoba (PARIM)**

PARIM is a volunteer, non-profit organization representing physicians in training that strives to achieve excellence in medical education by:

- Working to achieve optimal working conditions so as to maintain a sense of personal wellbeing for all residents in Manitoba.
- Developing and maintaining effective liaisons and influence with individuals and organizations within the health care system, to ensure that residents have input in health policy decisions that affect them.
- Raising public awareness with respect to the roles and functions of residents.
- Encouraging involvement and active participation of members in the realization of our goals.

Above all, PARIM is committed to promoting excellence in patient care.

For more information visit <a href="http://www.parim.org/">http://www.parim.org/</a>



@parimresidents

PARIM also hosts many resident appreciation events including the Welcome Party, Resident Awareness Day, and holiday events, please visit: <a href="http://www.parim.org/events/">http://www.parim.org/events/</a>.

# Postgraduate Internationally (Visa) Sponsored Trainee Administration

The PGME office supports Internationally (Visa) Sponsored trainees with stipends, Labour Market Impact Assessment (LMIA) Exemption, work permits and letters of enrollment for new visa trainees when needed.

For any questions or assistance please contact the PGME office by email at sponsoredPGME@umanitoba.ca.

# **Fellowship Employment (Clinical and AFC)**

During the term of fellowship, the status of a learner is retained with the Postgraduate Medical Education (PGME) Office and as an independent contractor with Shared Health for the medical services that is provided in accordance with the Agreement.

As a PGME learner and an independent contractor, the fellow is responsible for all taxes and remittances payable to the Canada Revenue Agency. The fellow will also be responsible for making own arrangements for health and medical liability insurance coverage as this category of learner is not eligible for employee benefits either through Shared Health or the University of Manitoba.

The fellow agrees to be bound by the policies and procedures of both Shared Health and the University.

<u>Internationally (Visa) Sponsored Fellows</u>: During the term of fellowship, the fellow will be considered trainees at the University of Manitoba. Benefits and salary are subject to the qualifications set out in the agreement between the U of M – Country of Sponsor.

# **Academic Year**

The PGME academic year for almost all trainees (for both University and Payroll) runs from **July 1 through June 30**.

Clinical Health Psychology trainees' year runs September 1 through August 31.

# **Credit from Previous Training Program**

### **CFPC**

The application for credit will be based on regulations outlined in the <a href="CFPC Red Book">CFPC Red Book</a>, by the receiving Residency Program Director in consultation with the Residency Program Committee.

If applying to the RCPSC or CFPC for credit from previous training, PGY training level will not change until confirmation has been received.

#### **RCPSC**

All applicants must have their residency training assessed by the Royal College to ensure that the specialty-specific training requirements have been met in a program that is recognized and approved by the Royal College.

Reference: <u>PGME – Credit for Previous Training</u>

Reference: RCPSC Eligibility for exams (See Policies and Procedures)

# **Liability Insurance**

All the postgraduate medical trainees whose work involves patient contact must obtain Canadian Medical Protective Association (CMPA) membership for the duration of their registration with PGME at the University of Manitoba. The membership fees for Shared Health funded residents are paid by trainees to CMPA and are reimbursed by Shared Health as per PARIM Collective Agreement.

Internationally (Visa) Sponsored Trainees and Clinical/AFC Fellows are required to pay their own membership fees directly to the CMPA. There will be no reimbursement from Shared Health.

Detailed information is available through the Canadian Medical Protective Association (CMPA) website at <a href="https://www.cmpa-acpm.ca">www.cmpa-acpm.ca</a>.

All the non-medical trainees (Post PhD) will be required to obtain equivalent liability insurance. Please contact Home Program for more information.

# **Manitoba Certificate of Practice**

The College of Physicians and Surgeons of Manitoba (CPSM) is the statutory body responsible for maintaining standards of medical practice within Manitoba through the administration of <a href="The Regulated Health Professions Act">The Regulated Health Professions Act</a>, <a href="Regulations">Regulations</a>, and related <a href="By-Laws">By-Laws</a>, including the <a href="Code of Ethics">Code of Ethics</a>. The College's mandate is to protect the public as consumers of medical care and promote the safe and ethical delivery of quality medical care by physicians in Manitoba. Membership in the College is mandatory for all physicians seeking to practice medicine in Manitoba (<a href="Read More">Read More</a>).

For more information, and a downloadable application, please go to <a href="www.cpsm.mb.ca">www.cpsm.mb.ca</a>. See also the section "Renewal of Certificate of Practice" later in this handbook.

All non-medical trainees (Post PhD) will be required to obtain equivalent liability insurance. Please contact Home Program for more information.

# **Doctors Manitoba**

Doctors Manitoba is the professional association that represents the economic, health policy and health promotion of the province's physicians and residents including advocacy, administration of benefit programs (physician retention, CME Rebate, CMPA Rebate, Maternity/Paternity Leave, Auto Program), bargaining/arbitration and insurance for physician.

For more information see <u>Doctors Manitoba PARIM Insurance</u>, which includes a membership application for PARIM/Doctors Manitoba/CMA/RDoC.

# **Digital Health Access**

Digital Health provides electronic health systems to health care providers in order to help enhance the quality of health care.

Please visit the <u>Manitoba Digital Health Access for Trainees Process</u> and <u>Digital Health Remote Access User Guide</u> information.

# **Ethics, Conduct and Professionalism in PGME**

Professionalism embodies the relationship between medicine and society as it forms the basis of trust between patients and physicians and physicians and other health care providers. It attempts to make tangible certain attitudes, behaviours and characteristics that are desirable among the medical profession.

PGME and Shared Health have a wide range of policy related to ethics, conduct and professionalism that can be found on the <a href="PGME Policies and Procedures">PGME Policies and Procedures</a> as well as the <a href="Professionalism">Professionalism</a> webpages.

# How to obtain a Confirmation Letter of Employment: Shared Health Funded Residents

If a Confirmation Letter of Employment is needed for financial purposes, please contact PMAO at PMAO Residents@sharedhealthmb.ca.

# How to obtain a Letter of Enrollment: Residents and Fellows

If a Letter of Enrollment is needed, please contact <a href="regpgme@umanitoba.ca">regpgme@umanitoba.ca</a>.

# How to obtain a Letter of Enrollment: Internationally (Visa) Sponsored Residents

If a Letter of Enrollment is needed, please contact sponsoredpgme@umanitoba.ca.

# **University of Manitoba Trainee Email Addresses**

# **Activating the UMnetID**

Please activate the University of Manitoba (U of M) computer account (UMnetID) to create the @myumanitoba.ca email account by visiting http://umanitoba.ca/computing/ist/accounts/claimid.html.

For more information about the @myumanitoba.ca email account, visit <a href="http://umanitoba.ca/ist/email/studentemailindex.html">http://umanitoba.ca/ist/email/studentemailindex.html</a>.

# Using the U of M Email Account (@myumanitoba.ca)

The University will only use the U of M email account (@myumanitoba.ca) for all communications, including messages from professors, department, advisors and administrative offices.

Make sure to check the U of M email regularly to receive important university information. More information about the Electronic Communications with Students Policy can be found <a href="here">here</a>.

# **MyMBT Messaging**

New postgraduate trainees will be provisioned with MyMBT access as part of the Digital Health onboarding process. Trainees must use MyMBT/Cortext messaging for platform-based discussions. This messaging platform allows healthcare professionals to share texts and images securely with each other while respecting patient privacy. MyMBT is intended for transient communications only and does not replace standard patient documentation.

For more information on MyMBT and Cortext, please visit <a href="https://mbtelehealth.ca/services/mymbt-messaging/">https://mbtelehealth.ca/services/mymbt-messaging/</a> to access the Quick Reference Guides:

MBTelehealth: https://mbtelehealth.ca/training/

Cortext: https://mbtelehealth.ca/files/mymbt-android-app.pdf

The MBTelehealth Service Desk can also be contacted by phone at 204-940-8500, option 4, or toll free at 1-866-999-9698, option 4.

# Manitoba Physicians' Email Addresses

All trainees will be provisioned with a secure Shared Health email address, which must be accessed regularly to maintain the account. This is the only address that will be used for communication by Shared Health. It is also the only address that should be used for all matters pertaining to affiliation with Shared Health, especially including any electronic communication of personal health information within the secure Shared Health environment.

Please be reminded that communication of personal health information outside of the Shared Health secure environment and with anyone not authorized to have it, is a breach of policy of the Personal Health Information Act (PHIA).

For more information regarding appropriate use of email and/or obligations under PHIA, please review the PHIA policies found at: https://wrha.mb.ca/privacy/phia/policies/

# **Scrub Access**

If applicable, home programs will provide information on how to obtain scrub access prior to the commencement of training.

# Curriculum Management Systems Entrada (also referred to as Elentra)

In 2018, the University of Manitoba joined 15 other universities (eight of which are Canadian) and became a member of a consortium called Entrada. One of the benefits of being part of the consortium is access to learning management software, including Entrada. This robust system is a community-source Integrated Teaching and Learning Platform™, which provides learners, instructors, and curriculum administration with a simple way of accessing, interacting, and managing information within a unified online environment.

The Entrada platform is well suited for health sciences education because of its tightly integrated curriculum management and clinical scheduling support.

Entrada Login: <a href="https://entrada.radyfhs.umanitoba.ca/">https://entrada.radyfhs.umanitoba.ca/</a>

Entrada Learning Resources Community (Video Tutorials & How To): https://entrada.radyfhs.umanitoba.ca/community/learningresources

Further information about Entrada at the Rady FHS can be found <a href="here">here</a>.

# **During Training Program**

# Renewal of Certificate of Practice Certificate of Practice for Postgraduate Medical Trainees (CPSM)

**Associate Member:** A person who does not meet the requirements to practice as a Regulated Member, may be registered as a Regulated Associate Member - Educational as a medical student, physician assistant student, resident, resident-limited or external/visiting student and is entitled to practice medicine in an approved training program but only under the supervision of the medical staff of that program.

Associate Member's Certificate of Practice Renewal Date: June 30. However, we advise to apply by May 1. This allows time for applications to be processed by CPSM, documented by PGME, and allows Home Programs to add to the call schedule for June 1 as per PARIM Collective Agreement. Late applicants will not be added to the call schedule on time and will result in suspension from clinical duty.

**Full Certificate of Practice:** A certificate entitling the holder to practice medicine independently in accordance with experience will be issued upon payment of the full certificate fee.

Full Certificate of Practice Renewal Date: October 31, however we advise to apply by September 30.

Certificates of Practice can be renewed through the CPSM renewal link below: <a href="http://www.cpsm.mb.ca/registration/applying-for-registration">http://www.cpsm.mb.ca/registration/applying-for-registration</a>
Contact the College directly for an application if you are applying for the following membership class:

Educational Resident

#### **Licensure for Post PhD Trainees**

Trainees in Post PhD programs are required to maintain the appropriate license stipulated by Home Program Director.

It is the <u>trainee's responsibility</u> to maintain the appropriate licensure/certification during Training Program. Please ensure to renew the educational certification/full certification <u>in advance</u>, to avoid any suspension from clinical duty

# **Liability Insurance Renewal**

# **Liability Insurance for Postgraduate Medical Trainees**

For more information on how to renew this, see <u>Liability Insurance</u> above or visit <a href="https://www.cmpa-acpm.ca/en/joining-cmpa/residents-and-clinical-fellows">https://www.cmpa-acpm.ca/en/joining-cmpa/residents-and-clinical-fellows</a>.

# **Liability Insurance for Post PhD Trainees**

**Post PhD trainees** should confirm with their Home Program about the appropriate liability insurance.

# **Off Cycle Step Changes**

Trainees who are off cycle due to an alternate start date or a leave of absence will not advance to the next PGY level until Home Program Directors have provided the PGME office with the approved advancement date.

\*If you have any questions regarding your off cycle step changes, please speak to your program director first.

# Personal Information Update Address

# Please update your address in **Entrada**, as well as **Aurora Student**.

Emergency contact information <u>must</u> be kept up to date – please report any changes in your emergency contact details to <u>regpgme@umanitoba.ca</u>.

It is the **trainee's responsibility** to inform and provide necessary documents to the relevant parties such as CPSM, CMPA, PMAO, PARIM and Doctors Manitoba.

- CPSM registration@cpsm.mb.ca
- CMPA https://www.cmpa-acpm.ca/en/membership
- Doctors Manitoba https://doctorsmanitoba.ca/contact-us/
- PARIM https://www.parim.org/contact-information/contact-us/
- Shared Health Services PMAO Residents@sharedhealthmb.ca

## Name Change

Please refer to the <u>U of M Registrar's Office Personal Information webpage</u> for the information about Change of Name request.

- Trainees will be required to submit the <u>Change of Name Form</u> to the address mentioned on the form. Please notify the PGME Office at regpgme@umanitoba.ca once the form has been completed and submitted
- Trainees receive confirmation from the Registrar's Office by logging in to Aurora Student. Once name has been updated, it is required to inform the PGME Office at <a href="regpgme@umanitoba.ca">regpgme@umanitoba.ca</a> in order for appropriate updates to occur. Entrada link: <a href="https://entrada.radyfhs.umanitoba.ca/">https://entrada.radyfhs.umanitoba.ca/</a>

It is also the <u>trainee's responsibility</u> to inform and provide necessary documents to the relevant parties such as CPSM, CMPA, PMAO, PARIM and Doctors Manitoba.

#### **Work Permit/SIN**

Trainees are required to inform the PGME Office at <a href="mailto:regpgme@umanitoba.ca">regpgme@umanitoba.ca</a> should there be a work permit or SIN change.

# **Banking**

- <u>Shared Health Funded Trainees</u> will be required to contact PMAO Residents@sharedhealthmb.ca
- <u>Fellows (Clinical and AFC)</u> will be required to contact <u>regpgme@umanitoba.ca</u> to obtain the Shared Health Direct Deposit Bank Form (for non-Medical Corporations)
- Internationally (Visa) Sponsored Trainees (applies to Saudi Arabian trainees only) will be required to contact regpgme@umanitoba.ca to obtain the University of Manitoba Direct Deposit Authorization Form

## Citizenship

- Please follow the steps available on the Registrar's Office webpage below: https://umanitoba.ca/registrar/change-your-personal-information
- Once all the steps above completed, notify the PGME Office at <a href="mailto:regpgme@umanitoba.ca">regpgme@umanitoba.ca</a> for paper and electronic records to be updated

# Requirements for Shared Health OESH Office

All trainees are required to maintain their immunization during their training. This is contingent to the <u>PGME Resident Safety Policy</u>, <u>WRHA Health and Safety Policy</u> and <u>WRHA Immunization Policy</u>.

For any questions about the immunization and Shared Health OESH, please call 204-926-1018.

All trainees must also undergo N95 mask fit testing to meet OESH requirements.

#### **COVID-19 Resources**

The University of Manitoba has a mandatory vaccination requirement. Trainees must upload their proof of vaccination or medical exemption through the University of Manitoba portal. Please click the link to provide documentation 24 hours after you have claimed your UMNetID:

<u>University of Manitoba – Proof of vaccination or medical exemption</u>

Rady Faculty of Health Sciences COVID-19 (coronavirus) updates

Shared Health also requires proof of vaccination:

Provincial COVID-19 resources for health-care providers and staff

Trainees should contact 1-844-MAN-VACC (1-844-626-8222) to arrange to have a Manitoba vaccine card issued to them.

# **Income Protection In Case of Illness Illness Unrelated to Employment Duties**

Under the PARIM Collective Agreement, the residents are entitled to <u>a set number of</u> <u>paid sick days per academic year</u> for an illness or disability that is not related to their employment duties.

This sick time is non-cumulative. The residents cannot be paid out or carry any unused sick days over to the next academic year.

Trainees should refer to the PARIM Collective Agreement for specific details.

It is mandatory for PGME trainees to self-report Absence Requests in Entrada. Please refer to trainee instructions on <u>Using the "My Absences Feature"</u>, as well as the <u>Entrada Learning Resources Community</u> for more information about the Absence Module.

Please ensure you review current provincial protocols in place for leaves related to COVID-19, including <u>self-isolation requirement</u>.

**Self-isolation information**: https://www.gov.mb.ca/covid19/prs/orders/index.html

#### Trainees who are sick must:

- Submit an absence request in Entrada which will notify Home Program Administrator of sick days as they occur; AND
- Notify any other relevant parties as per rotation first day instructions; AND
- If working Off Service, please ensure they notify both their home and off service administrators of any sick days.

In the event that the trainee fails to enter their illness days in Entrada, they are required to follow the procedures outlined in the Trainee Leave of Absence Manual to ensure that their trainee record is accurate. If, during an academic year, a trainee has already used their illness days, but continued to be paid beyond those days, the program will automatically contact PMAO and they will recover overpayment from the trainee for any days that were paid to them beyond the maximum

# **Illness Related to Employment Duties**

When a trainee is injured or becomes ill while completing work-related functions, they must report the illness or injury to <u>Shared Health OESH</u>, which subsequently notifies Shared Health Payroll. Payroll will then create a claim with the Workers Compensation Board (WCB) regarding any work-related illness or injury.

If the work-related illness or injury results in extended time away from the program, trainees should follow the Leave of Absence process as described below and check the WCB box.

# Leave of Absence (LOA)

Trainees who require an LOA can establish a benefit pre-payment plan to maintain their benefits while they are on leave. The pre-payment plan must be established and submitted four (4) weeks prior to the first day of leave. Once the leave starts, there is NO option to pre-pay for benefits. Additional paperwork will be required if the leave is extended.

Please contact the PGME Office (regpgme@umanitoba.ca) or Home Program Director/Assistant to discuss options as soon as the planned LOA start date is determined and to ensure the LOA is reported.

Please refer to <u>PGME Leave of Absence and Waiver of Training Policy</u>, as well as the <u>PARIM Collective Agreement</u> for LOA and Waiver of Training Procedures.

Trainees must submit their LOA requests <u>electronically</u> through Entrada. Trainees must follow the PGME <u>Request for Leave of Absence Process</u>.

Trainees must complete and submit the Shared Health Request for LOA Form for any <u>unpaid LOA</u> (Maternity, Paternity or other) at least <u>four (4) weeks</u> prior to the commencement of LOA. Forms are available from the Home Residency Program or from <u>regpgme@umanitoba.ca</u>.

# **Moonlighting**

Moonlighting is defined as the extracurricular practice of medicine for remuneration by trainees registered in a postgraduate medical education program leading to certification with the Royal College of Physicians and Surgeons of Canada (RCPSC) or the College of Family Physicians of Canada (CFPC).

All parties are required to be aware of and follow the PGME Moonlighting Policy including:

- PGME trainees MUST obtain approval from Home Program Director electronically via Entrada prior to participating in moonlighting activities
- PGME trainees MUST obtain written or email verification (see Moonlighting Policy for samples) from the person/organization hiring the residents before the shifts start, and send the verification to their Home Program Director

The PGME office and programs will be monitoring moonlighting activities closely. Trainees found to be in breach of the PGME Moonlighting Policy will face an inquiry with consequences up to and including disciplinary action.

Internationally (Visa) Sponsored Trainees: As per contractual agreements and restrictions, Internationally (Visa) Sponsored Trainees are prohibited from taking part in moonlighting activities. They are not eligible for employment as residents by Shared Health or placement sites under the PARIM Collective Agreement or otherwise.

For more information about the moonlighting policy and procedures, please refer to <u>PGME Resident Moonlighting Policy</u>.

# **HSC ID Replacement**

# **HSC ID Access Card Replacement**

Trainees must obtain a HSC ID Requisition Form, which are available at 260 Brodie Centre from a PGME Resident Administrator. Forms should then be printed, completed and dropped off to the HSC Security Services Office located at MS-245, which will only accept hard copies of the forms.

HSC Security Services office hours are Monday – Thursday, 9:00AM – 3:00PM and Friday, 9:00AM – 12:00PM and they can be reached at 204-787-1465. Office hours may be reduced due to COVID-19.

# **Trainee Leadership Opportunities**

Trainees are encouraged to participate in leadership opportunities which may include the following:

- Professional Association of Residents and Interns of Manitoba (PARIM). PARIM
  as an organization has an executive and a number of standing committees
  requiring the leadership skills of residents who interact with the PGME Office, the
  Dean, Max Rady College of Medicine, Shared Health and Manitoba Health:
  <a href="https://www.parim.org/">https://www.parim.org/</a>
- Residents selected by PARIM are members of all major PGME committees and subcommittees and working groups as follows: PGME Executive Committee
- PGME Committee for Education Support and Remediation (PGME-CESaR)
- PGME Academic Curriculum Committee
- PGME Policy Development Committee
- PGME Continuous Quality Improvement (CQI) Committee PGME Awards Committee
- Truth and Reconciliation Action Plan Committee

The process of selection of residents for leadership positions occurs as follows:

- PARIM executive positions are managed by PARIM
- PGME committee resident membership is managed through requests to PARIM for committee resident representatives

#### Other leadership Opportunities

 Each Residency Program has a mechanism for the selection of Chief Administrative Resident and other leadership positions within the Residency Program Residents participate as surveyors in the Residency Program Internal Review Process

- The George and Fay Yee Centre for Healthcare Innovation sponsors courses and conferences on Physician Leadership for physicians (including residents with future leadership aspirations), faculty and healthcare leaders: https://chimb.ca/pages/14-about-the-centre
- A collaborative initiative between PGME Student Affairs and Wellness, Leadership Education Office and PGME Core Curriculum have developed resources for chief resident leadership education.
- Residents have the opportunity to participate on RCPSC and CFPC national committees
- Residents representing Resident Doctors of Canada have the opportunity of participating on accreditation surveys

# **Examinations**

Successful completion of MCCQE Part I is required for a license for independent practice in Manitoba following residency.

#### Resources

https://mcc.ca/

https://mcc.ca/media/CDM-Guidelines.pdf

http://umanitoba.ca/faculties/health\_sciences/medicine/education/pgme/11390.html

#### **RCPSC Credentials and Exams**

Please contact the Credentials unit at the Royal College at <a href="mailto:candidates@royalcollege.ca">candidates@royalcollege.ca</a> for further details, or visit the Royal College website at the following link: <a href="mailto:Examination">Examination</a> Registration.

RCPSC Credentials and Exams – eligibility



# Am I eligible to write a Royal College exam?

Before writing an exam, you first need to apply to have your training and/or practice assessed by the Royal College to determine your <a href="mailto:exam eligibility">exam eligibility</a>. This assessment ensures you have met specialty-specific training and/or practice requirements to register for the examination and it is the first step on your route to Royal College certification. For more information, see the <a href="Policies and Procedures for Certification and Fellowship">Policies and Procedures for Certification and Fellowship</a>.

#### **CCFP Examination**

Please contact the CFPC Education Department at <a href="mailto:AcademicFM@cfpc.ca">AcademicFM@cfpc.ca</a> with questions for further details visit the College of Family Physicians of Canada website at the following link: <a href="http://www.cfpc.ca/ExamInformation/">http://www.cfpc.ca/ExamInformation/</a>



<u>CCFP Exam Accommodations</u>: https://www.cfpc.ca/CFPC/media/PDF/Request-fortest-accommodations.pdf

# **External Electives (Out of Province/Out of Country)**

A University of Manitoba trainee planning to undertake an elective at another medical school must obtain written permission from their current Program Director. Trainees must follow the registration instructions of that particular medical school or institution as well as the regulations of the licensing authority and membership rules of the malpractice insurance carrier.

Trainees are required to have:

- the appropriate licensure (CPSM equivalent, from the accepting program)
- the appropriate liability coverage from CMPA; note that CMPA coverage does not cover medical electives outside of Canada
- the appropriate immunizations for the area of the electives
- the appropriate health insurance for trainees; trainees need to consult with Shared Health at <u>servicedesk@sharedhealthmb.ca</u> to confirm if they are covered for Out of Country benefits

Please note that <u>Internationally (Visa) Sponsored Trainees</u> will need written permission from sponsors to do an elective off site. The letter must be sent to the PGME office.

The University of Manitoba Electives at Another Institution includes links to:

- how to apply for an External Elective at another institution
- the University of Manitoba International Centre's <u>Pre-Departure Handbook for</u> University of Manitoba Students Travelling Abroad
- the Government of Canada's <u>Vaccination Recommendations and COVID-19</u>
   Travel Advice
- the <u>PGME International</u> Electives Policy

The RCPSC - Eligibility to undertake an elective for specialty or subspecialty training is explained in Section IV, Item 4.6.1 of the Royal College of Physicians and Surgeons of Canada Policies and Procedures for Certification and Fellowship publication, under "Assessment Routes" on the College's <u>Credentials and Exams - Eligibility</u> page.

# Awards, Bursaries, Fellowships & Scholarships

There are several awards, bursaries, scholarships and prizes available for all levels of PGME residents.

For a full list of all awards and application guidelines, including all of the Department/Section-specific prizes, please refer to the <u>PGME Award Opportunities</u> <u>Community</u>.

# **Conference Attendance**

Please contact the Program Administrator or Director to discuss support for conference attendance.

# **Core Curriculum**

Core Curriculum was designed to complement the academic curriculum established by each training program. Medical residents are required to take the majority of their Core Curriculum sessions in their PGY 1 year, with minimal additional sessions in subsequent years. Detailed information is on Entrada in the <a href="Core Curriculum Path to">Core Curriculum Path to</a> Completion.

Attendance at Core Curriculum sessions is required for the successful completion of Training Program. RCPSC and CFPC Completion of Training reports will not be released until successful completion of PGME Core Curriculum courses has been verified.

Trainees should register for these courses through the <u>Max Rady College of Medicine – PGME Events Calendar.</u>

The Core Curriculum Policy can be found in the <u>PGME Policies Community</u> on Entrada, and in the <u>Core Curriculum Overview</u>. For any other questions, please contact <u>pgme@umanitoba.ca</u>.

# **Mandatory Courses – Reimbursement**

Every Program has different mandatory course requirements. Some of these mandatory courses are eligible for reimbursement from Shared Health if employed by Shared Health. Sponsors of **Internationally (Visa) Sponsored trainees** will cover this cost; please consult with Home Program regarding this.

To see the list of mandatory courses that are eligible for reimbursement from Shared Health, see the <u>PARIM Collective Agreement</u>. Please follow the process outlined on the PARIM website for reimbursement: <a href="http://www.parim.org/course-reimbursements/">http://www.parim.org/course-reimbursements/</a>

# Trainee Research

There is a variety of opportunities to conduct independent and mentored research throughout residency including projects within the department, or funded graduate-degree programs such as the <u>Clinician Investigator Program</u> (open to all trainees) or the <u>Surgery MSc</u>. For more information, visit the <u>Max Rady College of Medicine research page</u>.

The Resident Research Sessions and Biostatistical Consulting Workshops are also available to both residents and fellows.

The Biostatistical Group will give residents and fellows 5 hours of free project consulting once one of the open houses offered is attended. The group also provides an Introduction to Biostatistics for Medical Sciences session.

For questions or to book an appointment to discuss which program might be the best fit, please email the Resident Research Administrator at:

PgmeRRA@umanitoba.ca.

# **Transfers**

All information regarding internal transfer requests, must go through the PGME Alternate Routes of Entry, Re-entry & Transfer Committee (ARET). Please refer to the <u>ARET Policy</u> for more information.

# Income Tax Information T2202a Tax Form

- Trainees: The federal <u>T2202a tax forms</u> are generated by the Registrar's office annually. The Max Rady College of Medicine's position is that residents should not be claiming credits under section 118.5 or 118.6 of the Income Tax Act if they are sponsored by a regional health authority. Trainees <u>should not be</u> claiming tuition if they are funded by Shared Health or other parties. Contact an accountant or Canada Revenue Agency (CRA) for more information or for any questions.
- Fellows: For fellows who have paid their University of Manitoba registration fees, the federal <u>T2202a tax forms</u> are generated by the Registrar's office annually.

# T4 Slip

A <u>T4 slip</u> (Statement of Remuneration paid) is available through e-Post for Shared Health employed trainees.

\*Clinical Fellows: Fellows are considered Independent Contractors, not employees. As independent contractors, they are issued a T4A from <a href="Med Remuneration">Med Remuneration</a>.

# **Entrada During Training**

Entrada (<a href="https://entrada.radyfhs.umanitoba.ca/">https://entrada.radyfhs.umanitoba.ca/</a>) is a comprehensive web-based electronic system that provides functionality for Trainee Registration, Core Curriculum and Moonlighting during Postgraduate Medical Education (PGME) training at the University of Manitoba. Entrada can be accessed anywhere at any time with internet access.

Please refer to My Absences/Moonlighting Feature

For Entrada video tutorials and user documentation, please visit the <u>Entrada Learning</u> <u>Resources Community</u>.

For Entrada related technical issues, please contact the Entrada Help Desk at entrada@umanitoba.ca.

# **Verifications During Training**

Verification of training for educational purposes is processed within the PGME office and is signed by the Associate Dean, PGME.

For current trainees, there is no fee for this service. Contact the Resident Administrator for your program at <a href="mailto:regpgme@umanitoba.ca">regpgme@umanitoba.ca</a> for a letter confirming enrolment.

For more information, visit:

https://entrada.radyfhs.umanitoba.ca/community/pgmetraineeresources:trainee\_forms
Please note that verification of employment and salary for financial institutions is
processed by PMAO (PMAO Residents@sharedhealthmb.ca) for Shared
Health/PARIM-funded residents.

# **Completion of Training**

## **Process**

Trainees must follow the PGME Administration <u>Completion of Training Process</u> before a Completion of Training Certificate is released.

As per the PGME Exit Process, prior to training end date, it is important to **log into** Entrada and Aurora to update personal information and the Forwarding Address, as well as informing PGME with the updated information.

## **Exit Survey**

The PGME Office requests all exiting trainees to complete a PGME Exit Survey. Feedback is very important and will be used by the PGME Office to measure and improve residency education and the learning environment as part of our ongoing Program evaluation.

It should take no more than 15 minutes to complete this web-based survey. The survey is completely confidential and will not affect residency files, assessments or future employment. We encourage providing an honest and accurate reflection of residency experiences so that we can effectively assess the quality of our programs.

## **Verifications after Completion of Training**

The verification of training is processed within the PGME office and is signed by the Associate Dean, PGME. There is a fee for verification requests made after completion of training.

For more information, contact <a href="mailto:pgme@umanitoba.ca">pgme@umanitoba.ca</a> or visit <a href="https://entrada.radyfhs.umanitoba.ca/community/pgmetraineeresources">https://entrada.radyfhs.umanitoba.ca/community/pgmetraineeresources</a>

## **Trainee Resources**

## **Access and Privacy**

The Access and Privacy Office provides services such as:

- Guidance to support University compliance with access and privacy legislation
- Coordination of University responses to access to information requests
- Leadership and support of the University's records management program

- Privacy training programs
- Privacy breach investigations

Privacy risk assessments on new and existing information management systems. Shared Health's PHIA policies, including the Confidentiality of Personal Health Information, are listed <a href="here">here</a>. The University of Manitoba's Access and Privacy Office offers information about PHIA <a href="here">here</a>.

For more information, please see the Access and Privacy website <a href="here">here</a>.

## **Aurora Student**

<u>Aurora Student</u> allows confirmation of registration and course grades, updating address and phone numbers, as well as viewing or downloading financial statements from the University.

## First Nations, Metis & Inuit Health

The <u>Indigenous Student Centre</u> at the Fort Garry campus is open to all Indigenous students, regardless of their origin (First Nations, non-status, Inuit, and Metis).

Ongomiizwin Education at the Rady Faculty of Health Sciences is a place for First Nations, Metis and Inuit learners enrolled in health professional programs to meet, study, and explore careers and culture. Ongomiizwin provides a welcoming environment that assists learners to meet their academic potential through a variety of culturally relevant programs, resources and supports.

#### LBGTTQ\* Resources

The University of Manitoba embraces the diversity of its learners and employees in many different ways, such as Winnipeg Pride. Trainees can find a variety of resources and services through the <u>LBGTTQ\* Resources Page</u>.

## **Neil John Maclean Health Sciences (NJMHS) Library**

The <u>NJMHS Library</u> is located on the 2nd Floor of the Brodie Centre on the Bannatyne Campus. The University of Manitoba Student Card acts as a library card and provides access to the library after hours.

The NJMHS Library provides toolkits (reading materials) according to specialty/subspecialty that can be found <a href="here">here</a>.

Private study rooms on the third floor can be booked online.

## Occupational and Environmental Safety and Health (OESH)

The <u>Accidental Exposure to Infectious and Environmental Hazards Policy</u> sets out the process related to accidental exposure to infectious and environmental hazards to protect the health and safety of health professional learners, patients, and staff.

Located in Bannatyne Campus or Health Sciences Centre: P310 Pathology / SR149-700 William Avenue, Winnipeg, MB

Occupational Health Nurse: 204-787-4589 (Bannatyne) / 204-787-1168 (HSC)

Safety and Health Coordinator: 204-787-4216

Appointment Bookings: 204-787-3312

Confidential Fax: 204-787-1172

#### Monday through Friday, 8:30AM - 4:30PM:

Call OESH (204-787-3312) stating circumstances of the exposure.

## If exposure occurs outside the above stated hours:

- 1) Report to the HSC Emergency Department within two hours of exposure.
- 2) Call OESH (204-787-3312) and leave a message stating name, contact phone number and circumstances surrounding exposure.

## **PGME Student Affairs & Wellness**

The Office of Student Affairs & Wellness supports PGME learners through:

- Career planning and advising
- Student wellness
- Counselling resources and referrals
- Academic advising/advocacy concerning lecture and clinical accommodation and the process following exam failure
- Serving as a liaison with many campus services such as Financial Aid & Awards, the Registrar's Office, Student Accessibility Services, and Student Advocacy.

To book an appointment, please email: <u>studentaffairsPGME@umanitoba.ca</u>. For more information, please refer to the <u>PGME Student Affairs webpage</u>.



@rfhs\_wellness

#### Mistreatment in the Learning Environment Surveillance Tool

All trainees are encouraged to utilize this tool which is incorporated in Rotation Assessment.

#### KEEP IT UP – Acknowledging Excellence in Teaching During Residency Training

KEEP IT UP is an online tool used to acknowledge members of our school making a difference in education, those who are or have impacted lives in a positive way and those who are improving our learner environment and the quality of our teaching.

Please visit <a href="http://umanitoba.ca/faculties/health\_sciences/accreditation/keep-it-up.html">http://umanitoba.ca/faculties/health\_sciences/accreditation/keep-it-up.html</a> for more information and to submit the information of the acknowledged faculty member.

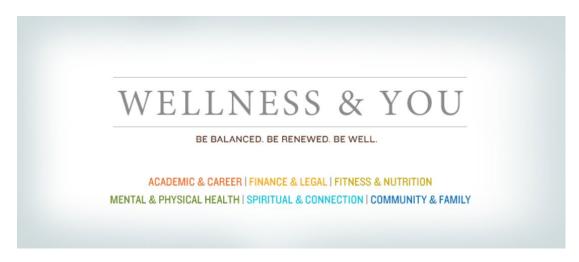
**SPEAK UP – Report an Incident During Residency Training** 

SPEAK UP is an online tool for learners to report an Incident during Residency Training. The information is kept confidential. Please visit the <u>Policy for Prevention of Learner Mistreatment</u> for more information.

## **Trainee Wellness**

The Max Rady College of Medicine <u>Student Affairs</u> page provides access to a wide variety of resources including information about the Annual Resident Forum available to residents.

The <u>Doctors Manitoba Physician Health and Wellness</u> webpage provides a number of resources for trainees.





# **Shared Health SharePoint for Patient Handover What is Shared Health SharePoint?**

Microsoft SharePoint is a document management platform that allows for a centralized, password-protected space for document sharing and editing. Both Shared Health and Digital Health have collaborated to construct a SharePoint site that enables sharing of patient information in an environment with secure features.

#### What is the Relevance for Residents?

The Shared Health Clinical Programs SharePoint site has one approved use: to provide medical staff, residents, medical students and other trainee medical staff, with a mechanism to facilitate effective "handover" of patient information that is compliant with the Personal Health Information Act (PHIA).

Patient handover is an important component of good patient care and an essential, required skill for all trainee medical staff. Inadequate or incomplete handovers result in errors of commission or omission that places patients at risk.

#### **How do Residents Access Shared Health SharePoint?**

All members of the Shared Health medical staff will have access to the Shared Health Clinical Programs SharePoint site. Each Shared Health Clinical Program has one main folder with other possible subfolders contained inside of it. There is a working template for each physician to use to record their patient handover information, which is then shared with other clinical staff. If experiencing any problems accessing the SharePoint site, please call the Service Desk at 204-940-8500.

#### How do Residents use Shared Health SharePoint?

Every Program has been assigned a SharePoint Librarian that has been assigned to assist the Medical staff with uploading or deleting documents. Each member of the Medical Staff should be able to edit documents within their assigned folder/subfolder. Each document that has been created or modified is tracked and recorded by SharePoint site. **Medical Staff must only create documents necessary for handover**. The creation of any document unrelated to patient handover shall be deleted by the Librarian without notice. The residents cannot delete documents or folders. Only the Librarians have this ability.

The residents may print handover documents for personal use to facilitate patient care. Mass copying and/or downloading of handover lists of patients is prohibited.

## PhysiciansApply.ca Web Portal

The Physicians Apply web portal is a centralize system to gather all the important documents required to practice Medicine in Canada. It is an online web portal to support international, Canadian medical graduates and practicing physicians wherever they might be. Once the applicant's documents are in Physicians Apply, it is easy to share them and send applications directly and securely. Trainees can take advantage of this system for various purpose such as sharing documents with the local College of Physicians and Surgeons to apply for educational license, register for exams, etc. Please note that PGME does not have access to the documents loaded on this site.

For more information, please visit <a href="http://physiciansapply.ca/">http://physiciansapply.ca/</a>

## **Resident Doctors of Canada (RDoC)**

Resident Doctors of Canada (RDoC) is a not-for-profit organization providing a unified, national voice for their members. RDoC represents over 9,000 resident doctors across Canada. RDoC collaborates with other national health organizations to foster excellence in training, wellness, and patient care. They cultivate meaningful dialogue with their members and Provincial House staff Organizations to provide the perspective of resident doctors on national medical education issues.

For more information on how to join RDoC, please visit <a href="http://residentdoctors.ca/">http://residentdoctors.ca/</a>.

## **Security Services**

To report a crime or concern, please contact the University of Manitoba Security Services office, which is open 24 hours a day, 365 days a year at 204-474-9312.

YOUR LEARNING ENVIRONMENT	MAX RADY COLLEGI	E OF MEDICINE	MAX RADY COLLEGE OF	MEDICINE	
Who you can talk to: STUDENT AFFAIRS—UNDERGRADUATE	WINNIPEG REGIONAL HOSPITALS Security/Safewalk:		UNIVERSITY OF MANITOBA SECURITY SERVICES From any UM phone dial 558 BellMTS or Rogers wireless device dial #558		
204-789-3213 StudentAffairsMed@umanitoba.ca	Concordia Hospital Grace Hospital	204-667-1560 204-837-0111	Fort Garry campus Bannatyne campus	204-474-934	
STUDENT AFFAIRS—POSTGRADUATE 204-789-3522 StudentAffairsPGME@umanitoba.ca	Health Sciences Centre St. Boniface Hospital Seven Oaks Hospital	204-787-4567 204-237-2205 204-632-7133	email: emergency.respons Safewalk (24/7) Saferide (Mon-Fri until 12:00 am	e@umanitoba.ci 204-474-931;	
PROFESSIONALISM 204-789-3207 Professionalism@umanitoba.ca	Victoria Hospital  EXTERNAL RESOURCES	204-477-3109	MAX RADY COLLEGE OF MEDICINE SERVICES Max Rady College of Medicine 204-789-355		
STUDENT SERVICES @ BANNATYNE CAMPUS 204-272-3190 bcstudentservices@umanitoba.ca	CPSM CMPA Doctors Manitoba	1-877-774-4344 1-800-267-6522 204-985-5888	Ongomiizwin – Indigenous Institut PGME Professionalism Student Affairs, PGME	te 204-272-316 204-789-329 204-789-320 204-789-352	
HUMAN RIGHTS & CONFLICT MANAGEMENT 204-474-6348 Human Rights@umanitoba.ca	HR Shared Services MSAS Mental Health Crisis	204-940-8500 204-926-1356 204-940-1781	UNIVERSITY OF MANITOBA SER Student Services at Bannatyne Campus	204-272-319	
EQUITY, DIVERSITY & INCLUSION 204-789-3240 RADYEDI@umanitoba.ca	Response Center PARIM Physicians at Risk	204-787-3673 204-237-8320	Counselling and Mental	<ul> <li>Academic Learning Supports</li> <li>International Centre</li> </ul>	
STUDENT ADVOCACY 204-474-7423 Student_Advocacy@umanitoba.ca	Rainbow Pride Mosaic	204-890-4139	Student Advocacy     Finance     wanitoba.ca/student-supports/	ial Aid and Award	
ONGOMIZWIN - EDUCATION 204-789-3511 ongomiizwin.education@umanitoba.ca	<b>UM</b> IF	lady Faculty of lealth Sciences	student-services-bannatyne-can Sexual Violence Resource Centre Bookstore (Bannatyne) NJM Library Human Rights/Advisory		

## **Stay Connected**

University of Manitoba Mobile App

Follow Rady Faculty of Health Sciences on Twitter: @UM RadyFHS

Follow Rady Faculty of Health Sciences on Facebook

Follow Rady Faculty of Health Sciences Wellness on Instagram

Follow U of M PGME on Twitter: @uofmpgme

# **UpToDate Clinical Decision Support What is UpToDate?**

UpToDate is an electronic Clinical Decision resource available, for all the physicians, medical trainees and non-clinicians, for the delivery of healthcare in the province.

#### What is Included With UpToDate?

- More than 10,500 topics covering general internal medicine and more than 20 specialties; a select drug database and drug interaction tool (in partnership with Lexicomp®); more than 1,500 patient education topics; more than 28,000 graphics; links to more than 400,000 references; and a number of medical calculators.
- A bi-weekly clinical update with selected What's New and Practice Changing UpToDate notices

## How do I Access UpToDate?

There is **no cost** and UpToDate can be accessed through any desktop or mobile device with an Internet connection. Free UpToDate Mobile App for any iOS®, Android™, or Windows 8 device chosen as one of "The Best Apps in Publishing" by EContent Magazine. Manitoba Health Information and Knowledge Network (MHIKNET) library card number and password are needed for this app.

Information on how to access UpToDate is available at: <a href="http://libguides.lib.umanitoba.ca/wrha/uptodate">http://libguides.lib.umanitoba.ca/wrha/uptodate</a>

## **University of Manitoba Bookstore**

The <u>University of Manitoba Health Sciences Bookstore</u> can provide trainees with monthly notices of new, recent, and forthcoming medical reference titles specific to each residency. Please <u>click here</u> to register.

Follow us on Twitter @UM\_hsbookstore Follow us on Instagram @https://instagram.com/um\_hsbookstore

## Wi-Fi Access

Wi-Fi access at the Bannatyne campus is accessible through the secure network using a UMNET ID and password.

Access at Health Sciences Centre and St. Boniface Hospital is also available for all trainees.

For all service access requests or IT issues, please contact the University of Manitoba Service Desk via email at <a href="mailto:support@umanitoba.ca">support@umanitoba.ca</a> and a representative will be happy to assist.

#### **Bannatyne Campus Wireless Access Areas**

(through UM Secure Network)

- Apotex Centre
- Basic Medical Sciences Building
- Basic Sciences
- Brodie Building
- Chown Building
- Dentistry Building
- Medical Rehabilitation Building
- Medical Services Building

#### **Health Sciences Centre Wireless Access Areas**

(through MTS Wi-Fi Hotspots)

- 24 Hour Cafeteria, 2<sup>nd</sup> floor
- Areas near GH4, GF4, GG8 (through "Internet" Wi-Fi Hotspots)
- Anne Thomas Building (patient care areas)

#### St. Boniface Hospital Wireless Access Areas

(through MTS Wi-Fi Hotspots)

- Resident's Lounge (GG0) (through "Internet" Wi-Fi Hotspots)
- L Block (Staff OR Lounge and most patient care areas)

#### **Victoria General Hospital Wireless Access Areas**

(through MTS Wi-Fi Hotspots)

OR and Anesthesia Lounges

#### **Grace General Hospital Wireless Access Areas**

(through MTS Wi-Fi Hotspots)

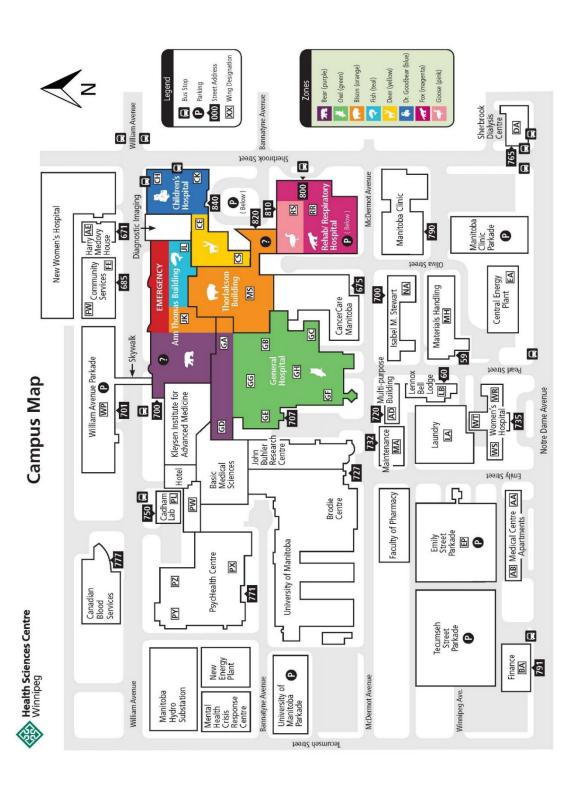
- The Dorothy Wood (main and 4<sup>th</sup> floor),
- Cafeteria, in the main lobby
- Entire ER (old and new)
- Hospice Building,
- Tower
- Doctor's Lounge

# Maps

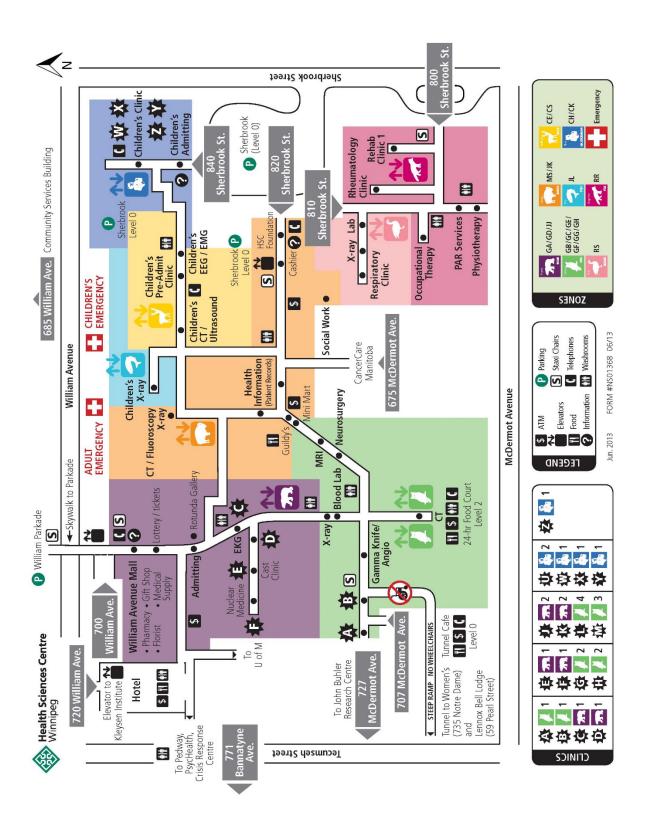
## **Bannatyne Campus Map**



## **Health Sciences Centre (HSC) Campus Map**



## **Health Sciences Centre (HSC) Hallway Map**



# St. Boniface Hospital Map

