



Objectives: Breast Lumps

1. Given a healthy woman with concerns about breast disease, during a clinical encounter:
 - a. Identify high-risk patients by assessing modifiable and non-modifiable risk factors.
 - b. Advise regarding screening (mammography, breast self-examination) and its limitations
 - c. Advise concerning the woman's role in preventing or detecting breast disease (breast self-examination, lifestyle changes).
2. Given a woman presenting with a breast lump:
 - a. Use the history, features of the lump, and the patient's age to determine (interpret) if aggressive workup or watchful waiting is indicated.
 - b. Ensure adequate support throughout investigation of the breast lump by availability of a contact resource
 - c. Use diagnostic tools (e.g. needle aspiration, imaging, core biopsy, referral) in an appropriate manner for managing a breast lump.
3. In a woman with a malignant breast lump
 - a. Recognize and manage immediate and long-term complications of breast cancer.
 - b. Consider and diagnose metastatic disease in the follow-up care of a breast cancer patient by appropriate history and physical examination
 - c. Appropriately direct (provide a link to) the patient to community resources able to provide adequate support (psychosocial support).

** Mapped to the CFPC's 105 priority topics: #11-Breast Lump