



Objectives: Fatigue

1. In all patients complaining of fatigue, have a broad differential diagnosis, including chronic disease, anemia, depression, sleep apnea, substance use, polypharmacy.
2. Ask about other constitutional symptoms as part of a systematic approach to ruling out underlying medical causes in all patients complaining of fatigue.
3. Exclude adverse effects of medications as the cause in all patients complaining of fatigue.
4. Avoid early, routine investigations in patients with fatigue unless specific indications for such investigations are present.
5. In patients whose fatigue has become chronic, manage supportively, while remaining vigilant for new diseases and illness.

** Mapped to the CFPC's 105 priority topics: #39-Fatigue