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Objectives: Hepatitis and Cirrhosis

- 1. In a patient presenting with symptoms of hepatitis or abnormalities in liver enzymes, take a focused history to assist in establishing the etiology (e.g. new drugs, alcohol, viral infections)
- 2. In a patient with abnormal liver enzymes tests interpret the results to distinguish between obstructive and hepatocellular causes for hepatitis.
- 3. In a patient where an obstructive pattern has been identified,
 - a. Arrange for imaging
 - b. Refer for definitive management, if needed, in a timely manner.
- 4. In a patient with evidence of hepatitis, arrange for appropriate laboratory investigations to determine the etiology (e.g. viral serology, HIV, alpha-1-antitrypsin, ANA etc...)
- 5. In a patient with suspected or confirmed fatty liver, provide appropriate non-pharmacologic and pharmacologic management.
- 6. In patients positive for viral hepatitis (B or C):
 - a. Assess their infectiousness
 - b. Determine their HIV status
- 7. In patients with Hepatitis C, ensure appropriate screening for cirrhosis and hepatocellular carcinoma.
- 8. Offer prophylaxis to at-risk patients for Hepatitis A and Hepatitis B
- 9. Recognize the symptoms and signs of cirrhosis on history and physical examination.
- 10. In patients with evidence of compensated cirrhosis, prescribe appropriate preventative strategies to prevent decompensation.
- 11. Diagnose, treat, or refer if indicated, for management of complications of decompensated cirrhosis (ascites, spontaneous bacterial peritonitis, variceal bleed, encephalopathy).

^{**} Mapped to the CFPC's 105 priority topics: #47-Hepatitis