



## Addictions

### Description

The goal of the Psychiatry longitudinal block experience is to provide learning opportunities that will enable residents to develop skills required care for patients with mental health problems in a collaborative model.

### Objectives

While on this horizontal experience, residents will develop the following competencies:

#### Family Medicine Expert

Provides care to patients with substance abuse problems and their families (ME3/BEH7)

- ▼ **Screening for addiction:** Routinely performs screening for patients with substance abuse problems
- ▼ **Screen for sequelae:** Screens patients for sequelae of substance abuse (liver disease, infections)
- ▼ **Stages of change:** Identifies the patient's current stage in the Stages of Change Model
- ▼ **Intoxication/withdrawal:** Identifies common intoxication and withdrawal symptoms
- ▼ **Counselling:** Provides simple and bridging psychosocial interventions for patients with substance abuse
- ▼ **Acute withdrawal:** Demonstrates an approach for acute management for alcohol, nicotine, benzodiazepine, and narcotic withdrawal, including pharmacological approaches
- ▼ **Weaning:** Demonstrates an approach for weaning of benzodiazepines and opioids
- ▼ **Referral:** Demonstrates knowledge of community resources for management of addictions
- ▼ **Support to families:** Offers support to family members affected by substance abuse and identifies community resources to support them

Describes specific approaches to screening for, recognizing, diagnosing and managing common (key) mental health conditions (ME3/BEH4)

- ▼ **Mental Health Conditions in Children/Adolescents:**
  - Anxiety
  - Attention Deficit Hyperactivity Disorder
  - Autism and Asperger's Spectrum Disorders
  - Conduct Disorder
  - Depression
  - Eating Disorders
  - Enuresis
  - Learning Disorders
  - Oppositional Defiant Disorder
- ▼ **Screening:** Employs psychometric investigations designed for or amenable to Primary Care to diagnose, rule out, screen for, or case find specific conditions.
- ▼ **Mental status:** Assesses and documents a patient's mental status, including relevant psychosocial context, stresses and supports, and document appropriately.
- ▼ **Suicide risk:** Assesses patient's suicide or homicide risk and determines if patient requires involuntary admission.
- ▼ **Risk to others:** Identifies and manages patients at risk to themselves or others.
- ▼ **Involuntary admission:** States criteria for involuntary admission.

Recognizes and diagnoses mental health problems commonly co-existing with health issues (BEH2)

Recognizes and provides care to patients presenting with a history of abuse (BEH3)

Prescribes appropriate psychopharmacology (BEH5)

Become familiar with and employ specific primary care counseling skills that have either been designed for, or are useful in a family practice setting (BEH6)

Establishes patient-centered care plans that include the patient, their family, other health professionals and consultant physicians (ME6)

### **Communication**

Elicits and synthesizes accurate and relevant information from, and perspectives of, patients and their families (CM2)

Shares health care information and plans with patients and their families (CM3)

Documents and shares written and electronic information about the medical encounter to optimize clinical decision-making, patient safety, confidentiality, and privacy (CM5)

### **Collaborator**

Works effectively with others in a collaborative team model (CL1)

Cultivates and maintains positive working environments through promoting understanding, managing differences, minimizing misunderstandings and mitigating conflicts (CL2)

Recognizes and facilitates the necessary transitions in care with other colleagues in the health professions, including but not limited to shared care, and/or hand over care to enable continuity and safety (CL3)

### **Leader/Manager**

Engages in the stewardship of health care resources (LD2)

### **Health Advocate**

Respond to an individual patient's health needs by advocating with the patient within and beyond the clinical environment (HA1)

### **Scholar**

Integrates best available evidence into practice with consideration given to context, epidemiology of disease, multi-morbidity, and complexity of patients (SC2)

### **Professional**

Demonstrates a commitment to patients through clinical excellence and high ethical standards (PR1)

Demonstrates a commitment to society by recognizing and responding to societal expectations in health care (PR2)

Demonstrates a commitment to reflective practice (PR5)

### **Entrustable Professional Activities**

F3: Facilitates and manages care transitions

C1: Assess, manage, and follow up adults with undifferentiated symptoms / key conditions

C5: Assess, manage, and follow up patients with common mental health issues

C8: Provide expert advice and obtains consultation for patients

C10. Determine when a patient requires admission and in-patient hospital care

C11. Assess and appropriately manage medical patients in hospital

### **Evaluation**

- Field Notes
- In-training Assessment Report (ITAR)

