

# Department of Family Medicine Periodic Review of Resident Progress

In a competency-based program, Residents must participate in the assessment of their own competence. Reflection and self-assessment are critical skills for lifelong learning-which in turn is critical for continued success in practice. The literature however, quite clearly show that people have a limited ability to self-assess their own competence and their learning needs. Guided self-assessment, which integrates external sources of information and interpretation of performance to guide one's self- assessment, is more reliable in this regard, and is also a skill that can be learned.

To assist in the development of the critical skills of reflection and self-assessment, Residents and their Primary Preceptor will schedule progress review meetings at 6-month intervals over the 2-year family medicine residency. This document is designed as a guide to sorting feedback received in the preceding 6 months and to plan future learning.

#### **Prior to the meeting:**

Prior to the 6-month progress review meetings, the Resident will complete **Part 1** of the guide, in order to present to their primary preceptor an opinion/self-assessment about progress made in the past 6 months.

Residents should consider what documented evidence they will present to support the discussion regarding progress across CanMEDS roles, and achievement of EPAs. The program provides tools for teachers and learners to capture and organize documented observations (such as Field Notes, MRAs, ITARs). The quality of evidence for progress depends less on the total number of documented observations and more on appropriate sampling (mix of Core Topics, Core Procedures, across Domains and Care Settings) and the usefulness of the feedback.

Residents should also consider their clinical and educational exposures during residency to date. It is expected that residents have exposure to all domains of practice during the course of their residency.

The Site Program Assistant will ensure that information in Residency Program Requirements Tracking Form is updated.

The Primary Preceptor (or Education Director) shall complete the Entrustable Professional Activities (EPA) Tracking Form.

#### At the meeting:

In addition to reviewing information prepared by the Resident (Part 1), the resident and primary preceptor can discuss topics such as continuity with patients, communication from other preceptors, follow up on previous action plans, or the status of program requirements.

The goal of the discussion is to reach consensus regarding progress in the program and, as this is the final meeting, to establish action for their continuing professional development (CPD) goals for their first year in practice, which will be documented in **Part 2.** 

#### After the meeting:

Following the meeting, the primary preceptor will report on progress at the Resident Progress Sub-Committee (SRPC) meeting.



## **Department of Family Medicine SIX-MONTH PROGRESS REPORT**

Resident Name:		Site:	
Reporting period: Start Mo/Yr	-	End Mo/Yr	

#### Part 1: RESIDENT REFLECTION AND SELF-ASSESSMENT

RESIDENT TO FILL OUT BEFORE REVIEW

#### **ENTRUSTABLE PROFESSIONAL ACTIVITIES**

Review your progress on achieving Entrustable Professional Activities in your Entrada dashboard. Do you feel comfortable in performing all of the EPAs?

#### **CANMEDS COMPETENCIES**

Review field notes and ITARs, consider your performance across the CanMEDS roles. Describe strengths and weaknesses in each area.

CanMEDS Role	Feedback
FM-EXPERT	
FM-Expert: Patient-centered	
Incorporates the patient's experiences and context	
FM-Expert: Selectivity	
Demonstrates ability to be selective, prioritize	
FM-Expert: Clinical reasoning	
Demonstrates clinical reasoning  FM-Expert: Procedural Skills	
Demonstrates development of clinical (psychomotor) skills	
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COMMUNICATOR	
Demonstrates <u>communication</u> skills	
COLLABORATOR	
Demonstrates skills in <u>collaboration</u>	
LEADER	
Demonstrates skills in the <u>leading and managing</u>	
HEALTH ADVOCATE	
Demonstrates skills in <u>advocacy</u>	
SCHOLAR	
Demonstrates skills in the <u>scholar</u> role	
Professional	
Demonstrates <u>professionalism</u>	



## **CONTINUITY, PATIENT CARE & PROCEDURES**

Have you had the opportunity to develop a group of patients for whom you experience continuity?	Yes 🗌	No 🗌
Do you feel responsibility for this group of patients or patients within a community?	Yes 🗌	No 🗌
Have you had the opportunity to develop continuity maternity care, including ante, intra and postpartum care of individual women?	Yes 🗌	No 🗌
Have you had an adequate volume of patients?	Yes 🗌	No 🗌
Core Topics: Consider the CFPC 106 priority topics. Identify specific ga	ps in your e	exposure.
Core Procedures: Consider the Core procedures list. Identify specific g	ans	
Toccurred: consider the core procedures list. Identity specific g	шрз.	



## **DOMAINS OF CARE**

Comment on feedback you have received relating to any of the Clinical Domains in the last 6 months:

Received Feedback	CLINICAL DOMAINS	COMMENTS/PLAN FOR FUTURE
<u>v</u>		LEARNING EXPERIENCES
	Maternal Care Obstetrics Maternity care in Family Medicine	
	Children/Adolescents Neonatology Pediatrics Emergency Pediatrics Inpatient Pediatrics Outpatient Children/Adolescents in Family Medicine	
	Care of Adults Emergency Medicine Hospital Medicine ICU/CCU Surgery + Procedural Skills Family Medicine	
	Care of the Elderly Geriatrics Personal Care Home Elderly in Family Medicine	
	Palliative Care Palliative Care End of life care in Family Medicine	
	Care of First Nations, Inuit and Métis peoples Indigenous HealtH	
	Care of Vulnerable & Underserved Populations Addictions Disabled patients Newcomers Rural/Remote LGBTQI	
	Behavioural Medicine Shared-care psychiatry/Psychiatry Exposure Mental health in Family Medicine	



## **OTHER ACTIVITIES**

uside from your academic involvement, what other activities have you be CaRMS, committees, groups, volunteer/community involvement, self-care initiatives,		)
RESIDENT WELLNESS		
Have you experienced or perceived harassment or abuse?	Yes 🗌	No 🗌
If Yes, was it discussed with the appropriate faculty resource?	Yes 🗌	No 🗌
Are there safety concerns?	Yes 🗌	No 🗌
		—
Do you have any wellness concerns?	Yes 🗌	No 🗌
FUTURE PRACTICE PLANS		
Describe you future practice plan:		



### Part 2: ASSESSMENT OF RESIDENT PROGRESS

## PRIMARY PRECEPTOR TO COMPLETE

SUMMARY OF OVERALL AREAS OF STRENGTH				
SUMMARY OF AREAS	FOR DEVELOPMENT/IM	1PROVEMENT		
ENTRUSTABLE PROFES	SSIONAL ACTIVITIES			
Is Entrustement Profe If no, which EPAs are	essional Activity develop of concern?	oment on track?	∕es	
PROGRAM REQUIREM	IENTS			
Are program requiren If no, which areas are	nents for stage of traini of concern?	ng met?	∕es ☐ No [	
Review previous educa Consider the practice s	TICE CONTINUING PROPERTIES OF	goals for the first yea	ar in practice.	
□ N/A WIII be starting at	3 <sup>rd</sup> year residency program			
GLOBAL ASSESSMEN	IT OF DDOGDESS			
Well behind the expected trajectory and requires an extension of training	Behind the expected trajectory, will require extension of training if not improved	Is meeting the expected trajectory of training	Is somewhat ahead expected trajecto	

(NOTE: A formal educational plan needs to be developed for unsatisfactory progress)



Resident	Date	
Primary Preceptor (or Education Director)	Date	