

Pediatrics: Foundations EPA #3

Providing well newborn care

Key Features:

- This EPA includes providing care to healthy newborns and includes the routine screening newborn exam, and discharge counselling.
- This EPA is divided into two parts: initial assessment of newborns; and, discharge assessment.
- The discharge assessment aspect of this EPA includes planning follow-up and providing anticipatory guidance and counselling for healthy newborn care.

Assessment Plan:

Part A: Newborn exam

Direct observation by supervisor, senior resident, nurse practitioner, or advanced care nurse

Use Form 2. Form collects information on:

- Setting: delivery room; postpartum unit/mother-baby unit; special care nursery; NICU; community practice; inpatient pediatric unit

Collect 5 observations of achievement

- At least 2 different observers

Part B: Discharge assessment

Direct observation, case presentation or review of written documentation by supervisor, senior resident, nurse practitioner, or advanced care nurse

Use Form 1. Form collects information on:

- Setting: delivery room; postpartum unit/mother-baby unit; special care nursery; NICU; community practice; inpatient pediatric unit
- Anticipatory guidance: late preterm; term

Collect 5 observations of achievement.

- At least 2 different observers

CanMEDS milestones

Part A: Initial assessment

- 1 ME 2.2 Elicit an accurate, relevant history including pertinent antenatal, perinatal and/or postnatal information**
- 2 ME 2.2 Perform all elements of the newborn physical examination**
- 3 ME 2.2 Recognize normal variants and abnormal findings on the neonatal physical examination**
- 4 COM 3.1 Share information and explanations that are clear and accurate**

5 COM 3.1 Use plain language and avoid medical jargon

Part B: Discharge assessment

- 1 ME 2.2 Perform a focused clinical assessment to assess readiness for discharge**
- 2 ME 4.1 Establish plans for ongoing care**
- 3 HA 1.3 Provide counselling and anticipatory guidance for common neonatal issues, including breastfeeding, safe sleeping, car seat safety, and postpartum depression**
- 4 ME 1.3 Apply knowledge of newborn screening protocols**
- 5 COM 3.1 Provide the parent (s) with information about newborn screenings, and associated processes for results and follow-up**
- 6 COM 3.1 Convey information to the family clearly and compassionately**
- 7 COM 3.1 Use plain language and avoid medical jargon**
- 8 COM 3.1 Use strategies to verify and validate the understanding of the patient and/or family**
- 9 COM 4.3 Answer questions from the family**