

Pediatrics: Foundations EPA #6

Providing primary and secondary preventive health care

Key Features:

- This EPA includes identifying opportunities and providing developmentally appropriate anticipatory guidance and preventive care for patients and their families.
- This includes guiding healthy habits (e.g., diet and nutrition, physical activity, sleep), preventing injuries and illness, advising regarding immunizations for children and contacts, performing appropriate screening, and supporting mental health.
- This EPA also includes applying knowledge of social determinants of health, dynamics of family functioning (including parental mental health), and the specific challenges faced by vulnerable populations.

Assessment Plan:

Direct observation and/or case review by supervisor, subspecialty resident, senior resident, nurse practitioner or physician assistant

Use Form 1. Form collects information about:

- Observation type: direct; case review
- Age: neonate; infant; preschool; school age; adolescent
- Chronic disease: yes; no
- Vulnerable population: yes; no

Collect 5 observations of achievement

- At least 1 direct observation
- At least 1 from each age group
- At least 1 chronic disease
- At least 1 vulnerable population
- At least 2 different observers

CanMEDS milestones:

- 1 ME 2.2 Assess a child's growth and development**
- 2 ME 2.2** Use screening tools and validated questionnaires, as applicable
- 3 ME 1.3** Apply knowledge of variations from typical growth, development and behavioural patterns
- 4 ME 2.2** Determine the patient's status with respect to the immunization schedule
- 5 ME 2.2** Assess a patient's and family's health habits, access to health care, food and other resources, and other social determinants of health
- 6 ME 2.4 Provide counselling and anticipatory guidance, appropriate for age and developmental stage for healthy growth and development**

- 7 COM 4.1 Incorporate the patient's/family's beliefs, values, preferences, context and expectations**
- 8 ME 2.4 Develop a plan for primary and secondary prevention strategies as part of the child's overall care**
- 9 HA 1.1** Facilitate timely access to services and resources in the health and/or social system(s)
- 10 HA 1.2** Work with the patient and/or family to increase their understanding of their illness and health care needs
- 11 COM 4.1** Communicate in a manner that is respectful, non-judgmental and culturally aware
- 12 HA 1.2 Provide advice about appropriate educational resources**
- 13 HA 1.3** Work with the patient and/or family to increase opportunities to adopt healthy behaviours