

Pediatrics: Core EPA #6

Assessing and managing patients with mental health issues

Key Features:

- This EPA focuses on the recognition, assessment, and management of mental health issues.
- Examples include patients with ADHD; anxiety disorder; conversion disorder; early psychosis; eating disorders; mood disorders; obsessive compulsive disorder; oppositional/disruptive and conduct disorders; substance abuse disorders, including tobacco/nicotine products; and suicidal ideation, intent, and attempts.

Assessment plan:

Direct observation or case review by supervisor

Use form 1. Form collects information on:

- Type of observation: direct; case review
- Condition: ADHD; anxiety disorder; conversion disorder; early psychosis; eating disorder; mood disorder; obsessive compulsive disorder; oppositional/disruptive and/or conduct disorder; substance abuse; suicidal ideation, intent, and attempts
- Setting: inpatient; outpatient; emergency department; community; longitudinal clinic

Collect 5 observations of achievement.

- At least 2 by direct observation
- At least 5 different conditions
- At least 1 in longitudinal clinic
At least 2 in the community
- At least 3 different observers

CanMEDS milestones

- 1 **ME 1.3** Apply knowledge of normal and abnormal physical, cognitive, emotional, social and behavioural development
- 2 **ME 1.4** Perform a clinical assessment that addresses all relevant issues
- 3 **ME 2.2** Use screening tools and validated questionnaires, as applicable
- 4 **ME 2.2** Synthesize biological, psychological, and social information to determine a diagnosis
- 5 **ME 2.4** Develop and implement a management plan that considers all of the patient's health problems and context
- 6 **ME 2.4** Prescribe first-line psychotropic medicines as applicable

ENTRUSTABLE PROFESSIONAL ACTIVITIES FOR PEDIATRICS (2021)

- 7 **ME 4.1** Develop a plan for ongoing management and follow-up
- 8 **ME 4.1 Determine the need for and timing of referral to another health care professional**
- 9 **HA 1.1** Facilitate timely access to services and resources in the health and/or social system(s)
- 10 **P 1.1** Apply the principles and limits of confidentiality as defined by professional practice standards and the law
- 11 **P 3.1** Apply relevant aspects of mental health law and child welfare legislation