

Pediatrics: Transition to Practice EPA #3

Leading discussions about goals of care

Key features

- This EPA focuses on the application of communication skills to lead discussions with patients and families about progression of illness and evolution of the goals of care.
- This includes patients with complex medical issues and/or life-limiting conditions for whom decisions regarding goals of care may impact plans for management.
- This EPA includes the legal and ethical aspects of these discussions and decisions.
- It may also include providing referral to resources to support ongoing patient care and/or bereavement resources for the family.
- This EPA may be observed in simulation.

Assessment plan

Direct observation by supervisor

Use form 1. Form collects information on:

- Setting: clinical; simulation

Collect 2 observations of achievement.

- No more than 1 in simulation

CanMEDS milestones

- 1 ME 2.1 Identify patients with life-limiting conditions, including those for whom the burden of disease-modifying treatment or investigations may be greater than the clinical benefit.**
- 2 ME 2.3** Recognize and respond to signs that it is time to transition care away from a disease-modifying approach
- 3 COM 3.1 Share information about diagnosis and prognosis clearly and compassionately**
- 4 COM 3.1** Use strategies to verify the understanding of the patient and/or family
- 5 COM 2.1 Gather information about the patient's beliefs, values, preferences, context and expectations with regard to their care**
- 6 ME 2.3** Address the impact of the medical condition on the patient's future quality of life
- 7 ME 2.3 Establish goals of care in collaboration with the patient and/or family**
- 8 COM 1.5** Recognize when strong emotions (e.g., fear, anger, anxiety, sorrow) are impacting an interaction and respond appropriately

- 9 **ME 2.4** Develop a plan to optimize symptom management in support of the patient's goals of care
- 10 **ME 2.4** Develop management plans that accurately reflect the patient and/or family's goals of care
- 11 **COM 5.1** Document the clinical encounter to accurately reflect the discussion and decisions