

FirstName LastName

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Name & full contact information on the first page header+ name and email or phone number on subsequent pages. Easiest way is to place it in the Header and check off the “Different First Page” formatting option. Font for Name should be larger on page

EDUCATION

All dates on CV are in reverse chronological order

Doctor of Medicine Candidate

University of Manitoba Winnipeg, MB

August 2020 – Present

Bachelor of Science – Medicine

(Longitudinal research-based degree earned concomitantly with the Doctor of Medicine)

University of Manitoba, Winnipeg, MB

August 2020 – Present

Bachelor of Science, Chemistry

University Name, Anytown, Anywhere

June 2015

High School

Town, PV ←

High School is only included if a) you went to a rural school and you are applying to a rural program; b) if it was bilingual and you are applying to a bilingual program; or c) you are from the city you want to match in – the school shows you have a roots in the area.

CLINICAL ELECTIVES

(include scheduled but not completed also)

Psychiatry – Child and Adolescent Psychiatry (4 weeks)

University of Manitoba, Health Sciences Centre, Winnipeg, MB

December 2023

Family Medicine (2 weeks)

Dalhousie University, Halifax General Hospital, Halifax, NS

November 2023

Pediatrics (2 weeks)

University of Manitoba, Children’s Hospital, Winnipeg, MB

September – October 2023

Alternate format for Clinical Electives:

Relevant Family Medicine Electives

Family Medicine (2 weeks)

University of Manitoba, Winkler Family Centre, Winkler, MB

December 2023

Family Medicine (2 weeks)

Dalhousie University, Halifax General Hospital, Halifax, NS

October 2023

Pediatrics (2 weeks)

University of Calgary, Foothills Hospital, Calgary, AB

September – October 2023

Breadth Electives

Internal Medicine (2 weeks)

University of Manitoba, St. Boniface Hospital, Winnipeg, MB

December 2023

Psychiatry – Child and Adolescent Psychiatry (4 weeks)

University of Manitoba, Health Sciences Centre, Winnipeg, MB

November 2023

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EARLY EXPOSURES AND SHADOWING EXPERIENCES

Pediatrics Early Exposure (6 weeks)

June – July 2022

Children’s Hospital, Winnipeg, MB

Internal Medicine Early Exposure (2 weeks)

June 2022

Health Sciences Centre and Manitoba Clinic, Winnipeg, MB

Any research related activity should be added to this section of the CV; this includes research projects; publications; presentations; including conferences; and any related monetary rewards

RESEARCH EXPERIENCE (if applicable)

Bachelor of Science in Medicine

September 2018 – Present

Department of ... Supervisor:

Project Title:

Project Description: (optional)

- Demonstration Statements (optional)

Summer Research Assistant

May – August 2009

Department of Biology, University of Manitoba Supervisor

Project Title:

Project Description (optional)

- Demonstration Statements (optional)

PUBLICATIONS (use citation format of medical research)

Authors, “Cell Modulation Identifiers” BioSciences Today, Year, v. 11, issue 12, pp. 30-39. Authors, “Name of the Article Published.” Name of Publication, year, vol #, pp.

Authors, “Name of the Article Published.” Name of Publication, year, vol #, pp.

PRESENTATIONS (use citation format of medical research)

Chard, R., Anderson, B., Chan, D, Brar, H. Benoit, P. Sign-Over and Patient Care: Can We Do Better? Scholarship in Medicine Course, University of Manitoba, Winnipeg, MB, June 2019. [Poster Presentation].

Sanders, K., **Chard, R.**, McKay, B., Empathetic Listening. Canadian Conference on Medical Education. April 2018; Ottawa, ON, Canada.

AWARDS AND HONOURS

Manitoba Medical Service Foundation Award

March 2020

Maggie May Entrance Scholarship (\$8,000)

Sept. 2017

Bachelor of Science Dissertation Honour

May 2010

These sections mirror a resumé; statements should demonstrate skills and competencies relevant to the area of practice to which you are applying. The order of sections is your choice! Let your section names reflect your experiences and relevant skills.

WORK EXPERIENCE

Recreation Leader

May 2010 – August 2017

City of Winnipeg, Parks and Recreation Department, Winnipeg, MB

- Led activities for children enrolled in the summer Pre-school Playhouse program that promoted cooperative play and physical development
- Collaborated with other Recreation Leaders to create holistic and comprehensive programming across 10 weeks
- Developed a cookbook with children (aged 7 – 10) enrolled in a week long cooking program which provided ownership for healthy eating among the participants
- Ensured all safety regulations and procedures were followed at all times creating an environment without

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barriers.

CPR/First Aid Trainer

Jan. 2005 – Aug. 2015

Canadian Red Cross Society, Winnipeg, MB

- Co-facilitated training programs with other trainers maintaining consistency with the message and procedures of the organization
- Organized and delivered first aid and CPR training programs to groups of 20 participants in Winnipeg and rural Manitoba, meeting the region’s needs to trained personnel
- Administered exams to certify individuals adhering to policies and procedures.

Could add a section on Leadership positions in or outside Medicine as a separate section

EXTRA-CURRICULAR ACTIVITIES

(Follow the same format as work experience)

Track Leader – Family Medicine

September 2018 – June 2019

Max Rady College of Medicine, University of Manitoba, Winnipeg, MB

- Consulted with students via survey and one-on-one meetings to determine effective learning experiences for family medicine as well as areas of potential improvement for future offerings
- Conveyed summarized feedback to the course leader through written reports and in-person meetings as a constructive means of improving future offerings of family medicine through clerkship

COMMUNITY INVOLVEMENT

(Follow the same format as work experience)

Could also be labelled “Volunteer” or something else.

Hockey Coach - Head / Assistant

September 2010 – Present

Dakota Community Club, Winnipeg, MB

- Critiqued player’s form constructively to promote increased skill-levels and knowledge of the game from ages 6 through 18
- Motivated players to perform to their highest potential while enjoying the competitive experience contributing to the team’s outcome
- Consulted with parents regarding inappropriate behaviour and discipline to be dealt according to the community club’s policies and code of conduct

PROFESSIONAL MEMBERSHIPS

American Medical Association

Sept. 2018 – Present

Canadian Society for Mass Spectrometry

Sept. 2019 – Present

International Society for the Study of Xenobiotics

Jan. 2020 – Present

CERTIFICATIONS

Wilderness First Aid

June 2010 – Present

Canadian Red Cross CPR/ First Aid

Aug. 2019 – Present

LANGUAGES

(only include this section if you are bilingual at the very least)

Fluent in English and French OR

French (1st language) English (fully fluent) Mandarin (fluent speaking)

HOBBIES AND OUTSIDE INTERESTS

- Traveling
- Hiking
- Yoga