**Career Planning Resources**

**Careers in Medicine (CiM)** [**website**](https://careersinmedicine.aamc.org/)**:**

A comprehensive career-planning program provides you information and resources to support you in choosing specialty and residency program that meets their career goals. CiM offers tools for students to help guide them through self-assessment and research about specialty and practice options. [Read more](https://careersinmedicine.aamc.org/).

**Specialty Profiles:**

Here are some tools to help you compare specialty areas to supplement your choice for residency in the future:

* [Canadian Physicians Data](https://www.cma.ca/canadian-physician-data): self-reported data from Canadian physicians including demographics and supplies, physician to population ratios, workload, training and remuneration.
* [AAMC](https://www.cma.ca/canadian-physician-data): Physician data on the American Association of Medical Colleges’ website
* [Resident Doctors](https://residentdoctors.ca/resources/resident-profiles/): Various resident profiles
* [CMA](https://www.cma.ca/canadian-specialty-profiles): Specialty profiles on the Canadian Medical Association website
* [Royal College](https://www.royalcollege.ca/rcsite/ibd-search-e): information by discipline
* [U of M Residency programs](https://umanitoba.ca/faculties/health_sciences/medicine/education/pgme/PGME_programs.html): Listing of various residency programs at University of Manitoba
* [PARIM](https://www.parim.org/residency/new-residents/): practical details that you need to navigate your residency in Manitoba, from how to convert your calls to who to contact for information on benefits.
* [Manitoba Health Providers Networks](https://healthcareersmanitoba.ca/students/career-path/) offers various career paths available for Manitoba Students
* [Doctors Manitoba](https://doctorsmanitoba.ca/career-resources/mentorship): career related resources including mentorship and practice opportunities

**CanMEDS:**

A framework that identifies and describes the abilities physicians require to effectively meet the health care needs of the people they serve. [Read More](https://www.royalcollege.ca/ca/en/canmeds/canmeds-framework.html).