

Student Services at Bannatyne Campus

2024 ORIENTATION



**University
of Manitoba**



TRADITIONAL TERRITORIES ACKNOWLEDGEMENT

The University of Manitoba campuses are located on original lands of Anishinaabeg, Ininewuk, Anisininewuk, Dakota Oyate and Denesuline, and on the National Homeland of the Red River Métis.

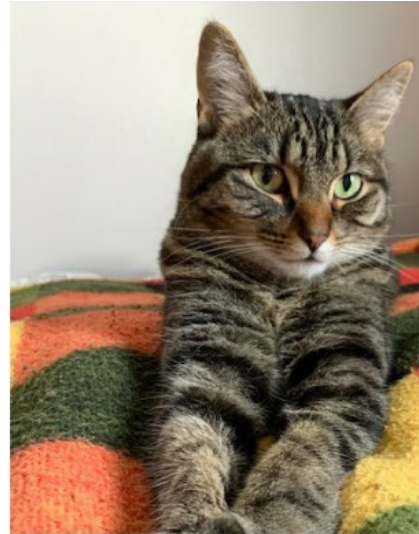
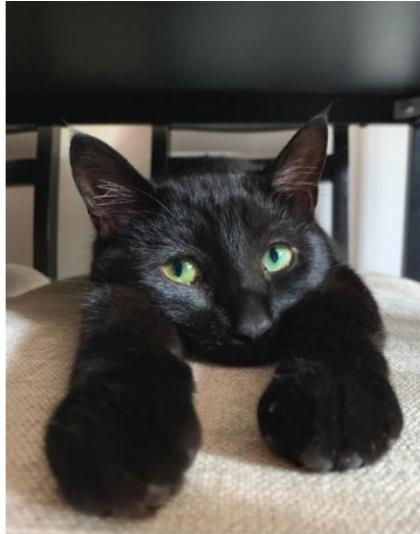
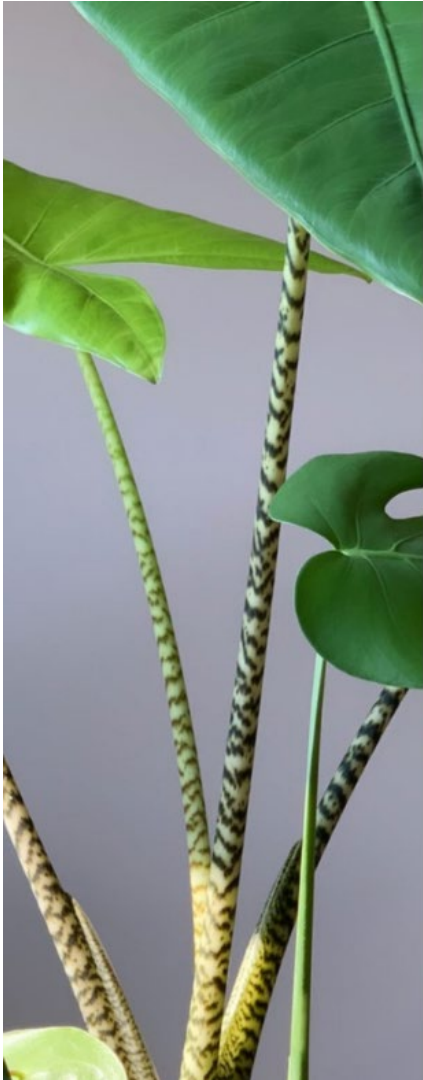
We respect the Treaties that were made on these territories, we acknowledge the harms and mistakes of the past, and we dedicate ourselves to move forward in partnership with Indigenous communities in a spirit of Reconciliation and collaboration.

INTRODUCTIONS



***Rikki Fontaine (she/her)
Confidential Intake
& Case Worker***

INTRODUCTIONS



***Eden Friesen (she/her)**
Confidential Intake
& Case Worker*

THIS IS HARD!



STUDENT SERVICES AT BANNATYNE CAMPUS



Administratively
separate and
distinct from all
academic
programs



Services are
private,
confidential,
and **free**



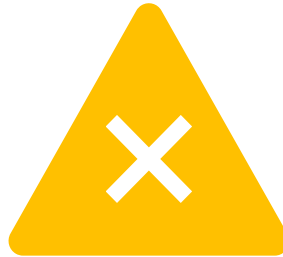
Provide personal
and academic
supports to
learners in the
Rady Faculty of
Health Sciences

HERE TO HELP LEARNERS SUCCEED



Wellness:

Physical health
Mental health
Stress, distress
Spirituality



When things don't go as planned:

Deferrals, leaves of
absence, failures, etc.



***Concerns about
rightness of fit,
academic challenges,
interpersonal
concerns, etc.***

NO WRONG DOOR





NO WRONG DOOR APPROACH

- We work to get you connected to the supports you need
- Explicit consent about what information to share and with whom
- ***CONFIDENTIALITY*** is ***KEY***

STUDENT SERVICES AT BANNATYNE CAMPUS



SERVICES & SUPPORTS NAVIGATION

INTERNATIONAL SERVICES

SPIRITUAL CARE & MULTI-FAITH SUPPORTS

STUDENT ACCESSIBILITY SERVICES

STUDENT ADVOCACY

HEALTH AND WELLNESS

SEXUAL VIOLENCE RESOURCE CENTRE

FINANCIAL AID & AWARDS

CAREER SERVICES

COUNSELLING

STUDENT MENTAL HEALTH SERVICES

ACADEMIC LEARNING CENTRE

CONFIDENTIAL INTAKE & CASE WORKERS

CONFIDENTIAL INTAKE & CASE WORKERS



Person-centered intake



Identify your goals, needs, resources



Develop plans for ongoing support both on- and off-campus

COUNSELLING & MENTAL HEALTH SUPPORTS

Supportive counselling for individuals and relationships





STUDENT MENTAL HEALTH SERVICE



University
of Manitoba

COGNITIVE BEHAVIOURAL THERAPY WORKSHOPS

- Skill-building
- 8 session series
- Offered multiple times per year
- Registration through Student Services at Bannatyne Campus



WORRIER POSE

Gemma CORRELL

ADHD SUPPORT GROUP

- In-person support group facilitated by a SSBC counsellor
- Topics cover emotional regulation, dealing with distraction, task initiation, time management, and organizational skills
- **6** session series
- Registration through SSBC



FORT GARRY WORKSHOPS & GROUPS



<https://umanitoba.ca/counselling-workshops>



CAREER SERVICES

CV/resume, cover letter, and interview prep

FINANCIAL AID AND AWARDS



Bursaries,
scholarships, and
awards



Sign student loan
documents



Needs-based
programs
(emergency loans,
food bank)

UNIVERSITY HEALTH SERVICE

Two clinics that offer multi-disciplinary primary care for students.

UHS Bannatyne clinic for Rady Faculty of Health Sciences students

- **Location:** P309 – Pathology Building
- **Hours:** Tuesdays, 8:30 am - 3:45 pm
- **Phone:** 204-474-8411



HEALTH AND WELLNESS

- Access workshops, events and confidential consultations with a Registered Psychiatric Nurse on a variety of health topics including sexual health, mental health, physical health, and substance use
- Coordinator of Student Wellness Centre, Healthy U, The Body Project, and involved with the Safer Social Event Team



www.healthyuofm.com

CONTACT US

S211 Medical Services Building

Monday – Friday, 8:30 am – 4:30 pm



204-272-3190 (Confidential voicemail)



bcss@umanitoba.ca



umanitoba.ca/student/bannatyne



@um.ssbc





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of Manitoba**